

<b>HEALTH CENTER:</b>	<b>ADRESS/TEL.:</b>	<b>TIME:</b>
<b>ALNA</b> (Furuset)	Trygve Lies plass 1, Furuset Center, entrance A, 3.and 4. Floor Tlf: 23 47 99 00 Take the T-no 2 "Ellingsrudsåsen" to Furuset	Weekdays 08.00 a.m
<b>BJERKE</b>	Veitvetveien 8, Veitvet Center Tel. 23 43 95 60 Take the T-no 5 "Vestli" to Veitvet	Wednesday s 08.45 a.m Thursdays 08.30 a.m.
<b>FROGNER</b>	Sommerogaten 1, 0201 Oslo Tel.23 42 52 15 At Solli plass, The same building as "Vestkantbadet", Tram no 12 "Majorstuen" or no 13 "Jar" to Solli plass. There are also a number of buses you can take.	Weekdays 08.00
<b>FYRSTIKKTORGET</b> (bydel gamle oslo)	Karoline Kristiansensvei 6, 0661 Oslo Tel. 23 43 19 20 Take the T – no 1,2,3 or 4 to «Helsfyr», 5 min. to go to Fyrstikktorget, or bus to Helsfyr bus station.	Weekdays 08.15 a.m.
<b>GRORUD</b>	Bergensveien 4 B, 0963 Oslo Tel. 23 42 19 51 Take the T- no 5 "Vestli" to Grorud	Thursdays 09.00 am. Otherwise 08.00 a.m.
<b>GRÛNERLÛKKA</b>	Mailundveien 23, 0569 Oslo Tel. 23 42 35 80 Take the T – To Carl Berner or Sinsen Bus 31 or tram to Rosenhoff station	Weekdays 8.00 a.m.
<b>GRÛNLAND</b> (bydel gamle oslo)	Grønland 30, 0188 Oslo Tel. 23 43 12 50 Take the T-(all eastbound lines) to Grønland	Weekdays 8.15 a.m.
<b>HOLMLIA</b> (bydel Søndre Nordstrand)	Holmlia sentervei 9, Holmlia Center, 5 etg. Tel. 23 49 64 20 Take the train L2 towards Ski or L22 towards Mysen to Holmlia. About 1 minute to walk to Holmlia Center. (Holmlia health center is not to be confused with Søndre Nordstrand health station which is located in the same center)	Mondays and Wednesday 8.30 a.m.

<b>KARLSRUD</b> (bydel Nordstrand)	Raschs vei 38, 1155 Oslo Tel. 23 49 50 60 Take the T-no 4 "Bergkrystallen" to Karlsrud. From Karlsrud it's a 2 minutes' walk to Raschs vei 38.	Weekdays 8.00 a.m.
<b>LAMBERTSETER</b> (bydel Nordstrand)	Cecilie Thoresens vei 7 d, 1153 Oslo Tel. 23 49 54 20 Take the T-no 4 "Bergkrystallen" to Karlsrud. From Karlsrud it's a 5 minutes' walk to Cecilie Thoresens vei 7 d.	Weekdays 8.00 a.m.
<b>NYDALEN</b> (bydel Nordre Aker)	Nydalsveien 21, 0403 Oslo Tel. 23 47 07 00 Take the T-no 3, 4 or 6 to Nydalen. From Nydalen it's a 3 minutes' walk to Nydalsveien 21.	Weekdays 8.30 a.m.
<b>SAGENE</b>	Sandakerveien 33 C, 0477 Oslo Contact person: Henning Mørland Tel. 23 47 40 72/ 41 46 43 85 Take the bus no. 54 from Nationalteateret (I Stortingsgata) towards Kjelsås stasjon to Arendalsgata. From Arendalsgata it's a 3 minutes' walk to Sandakerveien 33 C. You can also take the tram no 13 towards Storo- Grefsen station to Vogts gate and walk for about 4 minutes to Sandakerveien 33 C.	Weekdays 08.10 a.m.
<b>ST.HANSHAUGEN</b>	Akersbakken 27, 0172 Oslo Tel. 23 47 53 05 Entrance at the corner Akersbakken/Bergstien Bus 37 "Kjelsås - Helsefy", or tram 17 or 18 to Holbergs plass	Weekdays 8.00 a.m.
<b>STOVNER</b>	Karl Fossumsvei 1, 0984 Oslo Tel. 23 47 18 00 Take the T – no 5 "Vestli" to Stovner, cross the walking bridge from the Center to the policestation, go to the left by the block- house " Tante Ulrikkesvei", the Health Center looks like a big barn	Weekdays 8.00 a.m.

<b>SØNDRE NORDSTRAND</b>	Holmlia senter vei 16, Holmlia Center, Ground floor (next to the library). Tlf: 23 49 72 15 (Not to be confused with Holmlia health station which is located in the same center)	Weekdays 08.00 a.m
<b>ULLERN</b>	Hoffsveien 48, 0377 Oslo Tel. 950 10 766 Take the T – no 2 “Gjøannes” or T-no 5 “Østerås” to Smestad. About 11 minutes to walk.	Weekdays 8.00 a.m.
<b>VESTRE AKER</b>	Sørkedalsveien 150 B, 0754 Oslo Tel. 23 47 62 20 Take the T – no 5 “Østerås” to Hovseter. About 8 minutes to walk.	Weekdays 8.15 a.m.
<b>ØSTENSJØ</b>	Stallerudveien 97, 0693 Oslo Bogerud Senter Tel. 23 47 82 50 Take the T – “Mortensrud” line 3 to Bogerud	Weekdays 8.30 a.m.