

UNIVERSITY OF OSLO

Living in Oslo and events

Knutepunktet – International Student Reception

13.08.2024



Foto: Jarli & Jordan/UiO



Getting around the city

Ruter#

- T-bane (metro), bus, tram, train, ferry
- Use Google maps or the Ruter app to find the fastest option
- Buy a 30-day student ticket (1 zone)
- Remember to have the Student ID app or paper semester card



Photo; Colourbox

Visit Oslo



See & do Eat & drink Accommodation Tourist information



- An official travel guide to Oslo
- Use visitoslo.com to stay updated on the daily events
 - Festivals
 - Activities
 - Food markets
 - Culture: Concerts, museums
 - Parks

Close to nature

Norwegians love to spend their free time in “Marka” (the Oslo nature)

- Hiking
- Fishing
- Skiing
- Alpine/snowboard

- Easily accessible by T-bane or bus



Foto: Jarli&Jordan/UiO

Smart shopping

- Independent shops:
 - Many different spices
 - delicious fresh food and vegetables
 - nuts, olives, beans
 - Foods from a certain area (Africa, Asia, Middle-East etc.)
- Open on Sundays and national holidays!
- Grønland and Tøyen area



Ask your fellow students for tips

Need help with:

- Mobile phone companies
- Where to buy things for you room
- How to survive on a low budget
- Where to go out
- Where to eat
- Social events

Join the Facebook group [International Students at The University of Oslo \(UiO\)](#)

Start of Studies events

- 14 August – Norway in a Nutshell
- 21 August – The Sustainability Day
- 22 August - The Student Association Day
- From 31 August - [Studentslippet](#)

- [Events](#) for all international students
- Start of studies activities related to your programme
- Buddy system for the exchange students
- Start of studies activities at the faculty



UNIVERSITY
OF OSLO



Photo: Jarli&Jordan/UiO

All Types Bookable activities Drop in activities

Show All Adrenaline Art Culture Gaming Museums - Drop in Sports Student Association Tour

All Dates 29 aug 31 aug 1 sep 2 sep 3 sep 4 sep 5 sep 6 sep



Dronning Sonja KunstStallen

Explore the exhibition *Royal Photographers* at the Queen Sonja Art Stables

Saturday 31 aug, 11:00 - 17:00

Sunday 1 sep, 11:00 - 17:00

Thursday 5 sep, 11:00 - 17:00

Friday 6 sep, 11:00 - 17:00

Bookable activities - Art, Culture, Museums - Drop in



Music bingo at the karaoke bar HALLOi

Test your musical knowledge with HALLOi Karaoke's fun music bingo

Thursday 5 sep, 19:00

Bookable activities - Culture



Historical Museum

At the Historical Museum, you will find exhibitions on Norwegian history from the Stone Age to the Viking Age and the Middle Ages.

Saturday 31 aug, 10:00 - 17:00

Sunday 1 sep, 10:00 - 17:00

Tuesday 3 sep, 10:00 - 17:00

Wednesday 4 sep, 10:00 - 17:00

Thursday 5 sep, 10:00 - 18:00

Friday 6 sep, 10:00 - 17:00

Drop in activities - Museums - Drop in, Tour

Events by Knutepunktet

- Different events during the semester:
 - Guided museum tours
 - Monthly language café
 - International dinner
 - Island outing
 - Scavenger hunt
- All events will be announced on our [web page](#) by 1 September
- The events are free of charge

Previous



Time and place: May 12, 2024 12:00 PM – 2:00 PM, [Lids hus / The Botanical Museum](#)

Guided tour in the Botanical Garden

Take a break from exam preparations and the library, and experience one of Oslo's most beautiful gardens with a guided tour.



Time and place: May 11, 2024 10:45 AM – 2:00 PM, [Aker Brygge Info Point](#)

Island outing in the Oslo Fjord

Visiting the islands in the Oslo Fjord is a must. Join us on an excursion to one of these - Hovedøya!



Time and place: May 2, 2024 5:00 PM – 7:00 PM, [Litteratursalongen, Georg Sverdrups hus](#)

Language café

Do you want to learn and practice languages while getting to know people from around the world? Come to the language café then!



Time and place: Apr. 25, 2024 6:00 PM – 8:00 PM, [Georg Sverdrups hus: Sverdrup eatery](#)

International dinner

Bring a dish or snack from your home country to share, and get a taste of different cuisines from around the world!

Who do I contact

Questions about this meeting, police registration, health insurance, etc:

- int-advisor@admin.uio.no

Questions about Norwegian courses:

- a.a.a.drevon@iln.uio.no

- Questions about courses, exams, certificate of arrival, learning agreement and buddy week:
 - [Contact the faculty in charge of your exchange](#)

Knutepunktet - International Student Reception

Knutepunktet is the contact point for students and prospective applicants with questions about admission and studies at UiO.



Meet us at the Humanities and
Social Sciences Library

Time: 14 and 15 August, 12 - 15

Place: Georg Sverdrups hus, first floor