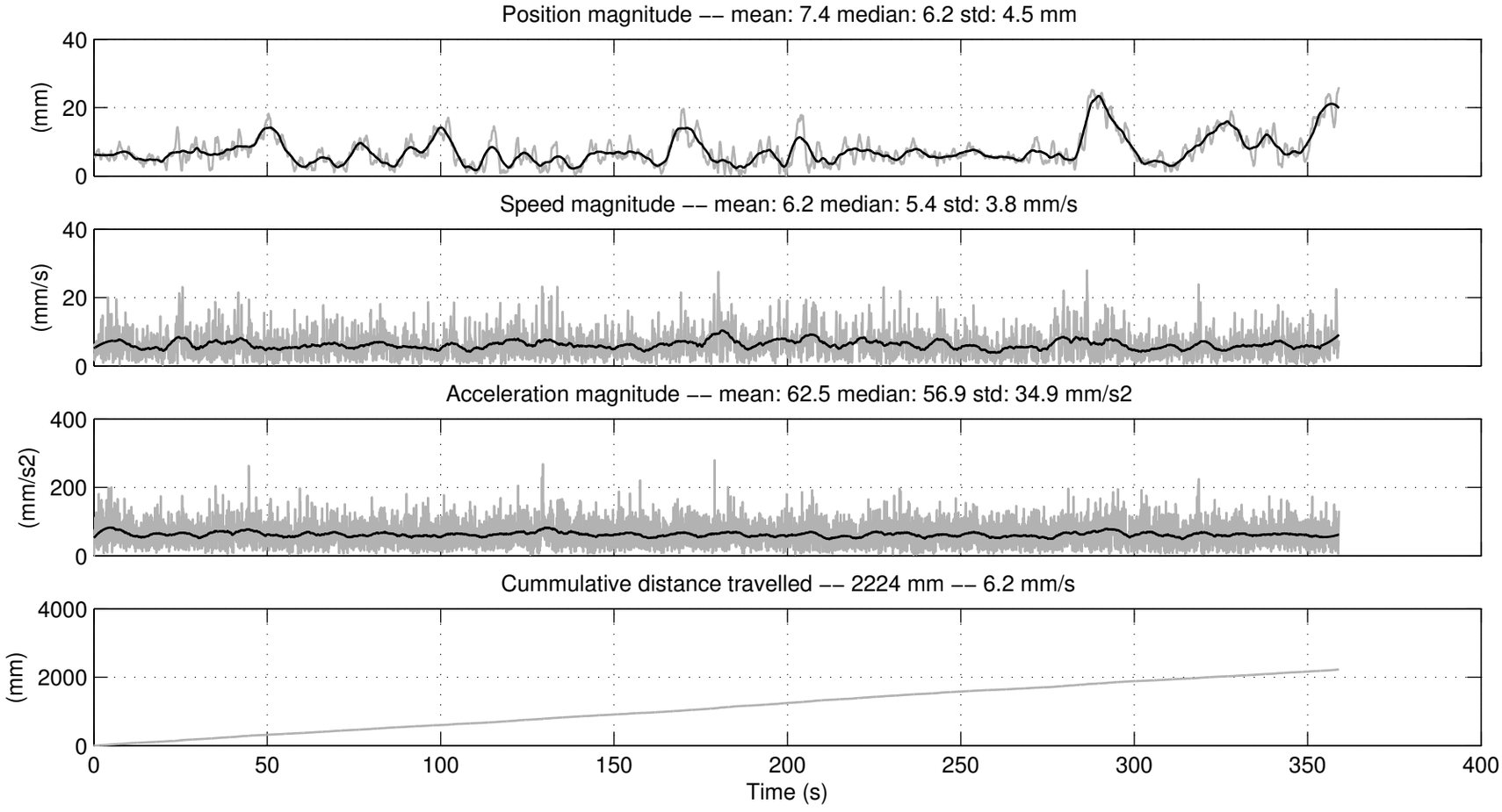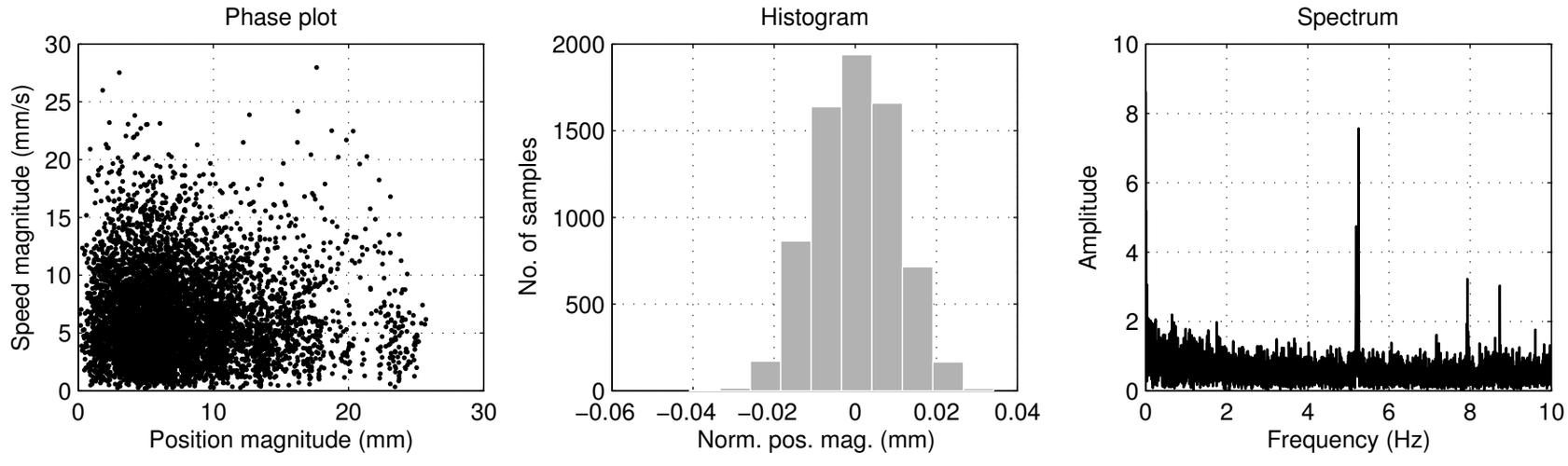NM i stillstand, UiO 2012 –– www.fourMs.uio.no –– File: nmH.tsv –– Marker: s1–– Frequency: 20 Hz