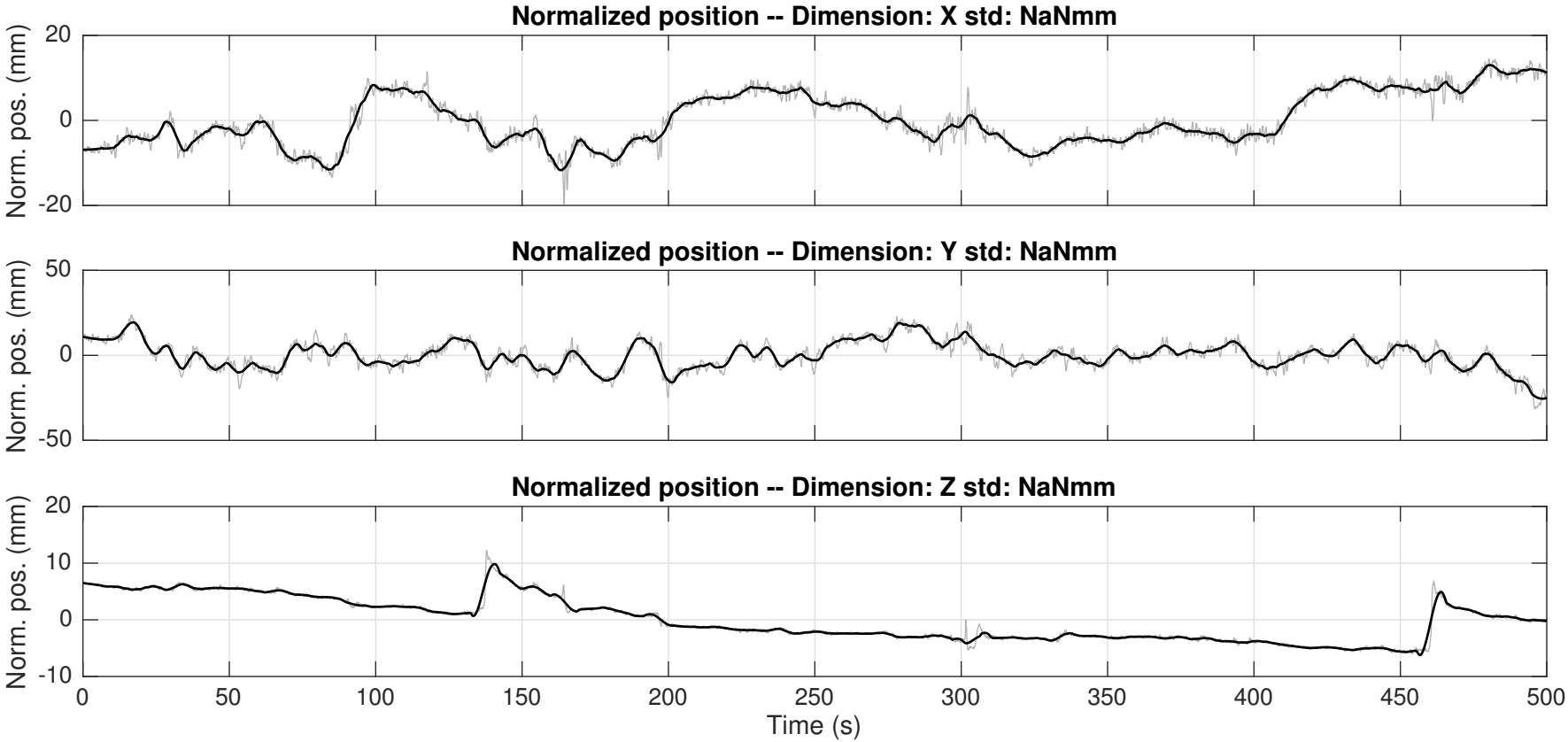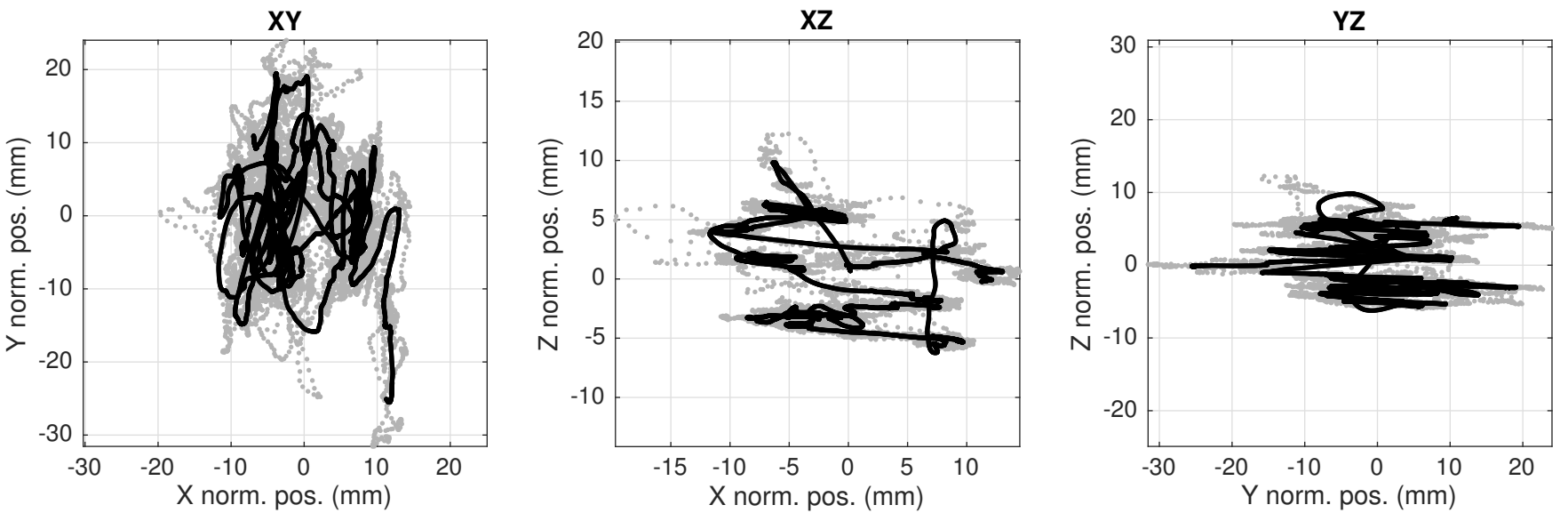NM i stillstand, UiO 2018 -- www.fourMs.uio.no -- Marker: A10-- Frequency: 20Hz