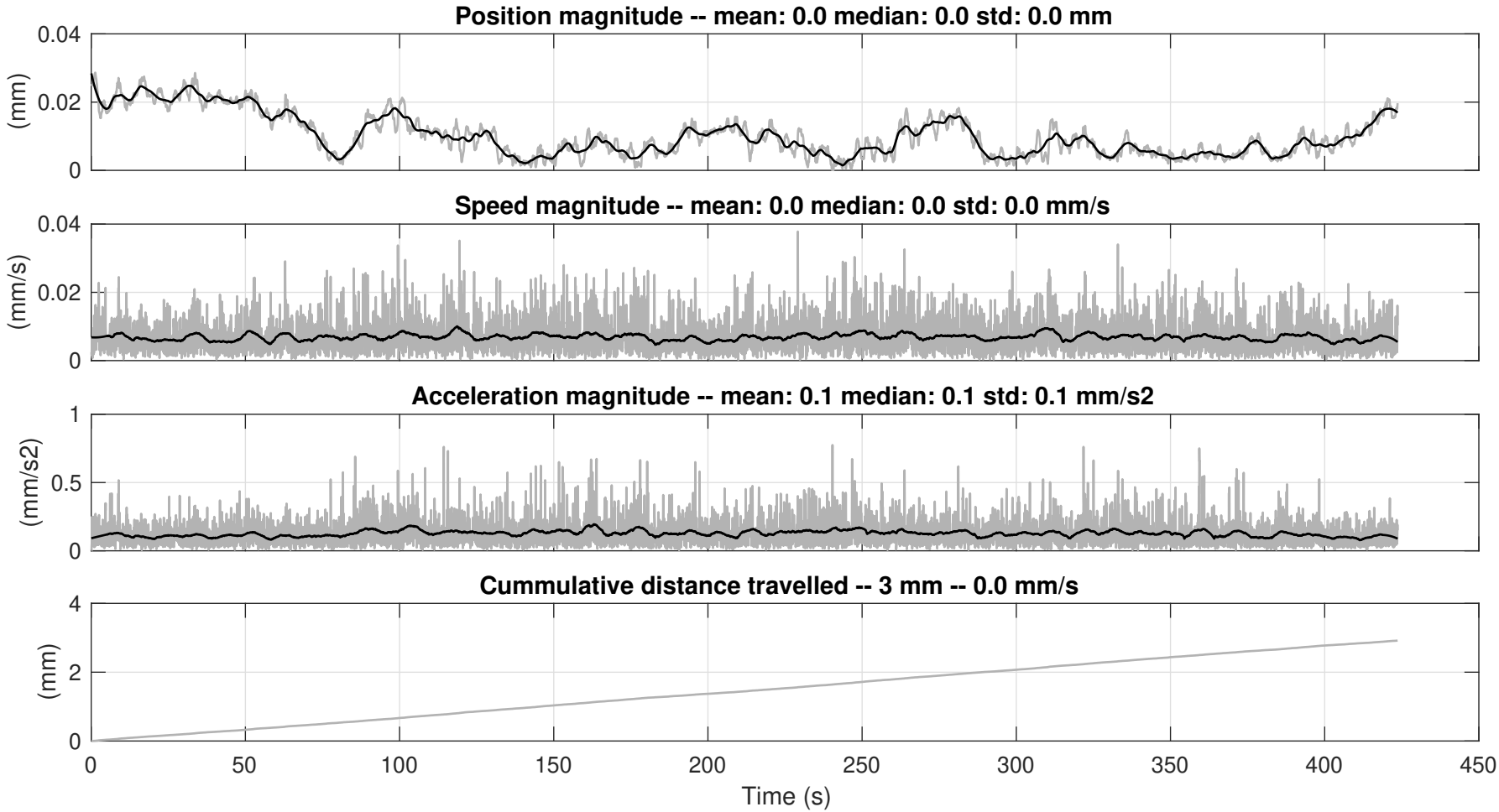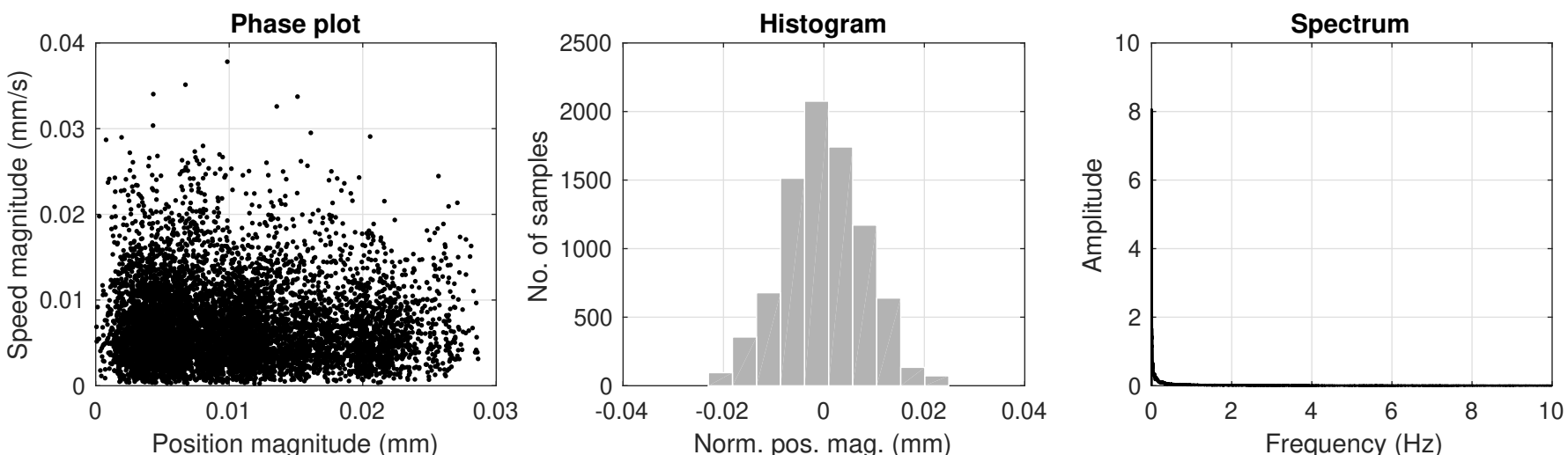NM i stillstand, UiO 2012 -- www.fourMs.uio.no -- Marker: StandStill:P8-- Frequency: 20 Hz