

$\frac{d}{dt} E = 0 \quad \frac{d}{dt} Z = 0$
 $E = \iint \frac{1}{2} (u^2 + v^2) \quad Z = \iint \frac{1}{2} z^2$

Fjørtoft (1953)

$J = 0$
 $v = 0$

$E_0 + E_1 + E_2 = E_{10}$
 $Z_0 + Z_1 + Z_2 = Z_{20}$

$E = \frac{1}{2} (u^2 + v^2) = \frac{1}{2} (\psi_y^2 + \psi_x^2)$

$\psi = \sum_{k,l} \hat{\psi} e^{ikx + il y}$

$\frac{1}{2} (\lambda^2 \hat{\psi}^2 + l^2 \hat{\psi}^2) = \frac{1}{2} k^2 \hat{\psi}^2 \quad k^2 = k^2 + l^2$

$Z = \frac{z^2}{2} = \frac{1}{2} (v \cdot \psi)^2 = \frac{1}{2} [(k^2 - l^2) \hat{\psi}]^2 = \frac{1}{2} k^4 \hat{\psi}^2$

$Z = k^2 E$

$Z_0 + Z_1 + Z_2 \rightarrow k_0^2 E_0 + k_1^2 E_1 + k_2^2 E_2$

$u^2 + v^2 = \psi_x^2 + \psi_y^2 = \sum_{k,l} k^2 \hat{\psi}^2$

Parseval's theorem

$\iint u^2 + v^2 = \sum k^2 \hat{\psi}^2$

$E_0 + E_1 + E_2 = E_{10}$
 $(\frac{1}{2} E_0 + k^2 E_1 + (2k)^2 E_2 = k^2 E_{10}$
 $\frac{1}{4} E_0 + E_1 + 4 E_2 = E_{10}$

$E_0 + E_2 = (E_{10} - E_1) = \delta E_1$
 $\frac{1}{4} E_0 + 4 E_2 = (E_{10} - E_1) = \delta E_1$
 $E_2 - 16 E_2 = \delta E_1 - 4 \delta E_1 = -3 \delta E_1$
 $-15 E_2 = -3 \delta E_1$
 $E_2 = \frac{1}{5} \delta E_1 \rightarrow E_0 = \frac{4}{5} \delta E_1$

energy going upscale!

Lars Onsager (1949)

upscale cascade energy

enstrophy? $k^2 E$

$E_2 = \frac{1}{5} \delta E_1 \quad 4 k^2 E_2 = \frac{4}{5} k^2 \delta E_1$
 $Z_2 = \frac{4}{5} \delta Z_1$
 $E_0 = \frac{4}{5} \delta E_1$
 $\frac{1}{4} k^2 E_0 = \frac{1}{5} k^2 \delta E_1 \rightarrow Z_0 = \frac{1}{5} \delta Z_1$

$2k/2 \quad k \quad 2k$

Batchelor 1953 Homogeneous Turbulence

$\frac{d}{dt} \int (k \cdot k_i)^2 E dk > 0$
 mean $\int k E dk = k_i$

$\frac{d}{dt} \int (k^2 - 2k k_i + k_i^2) E dk > 0$

$\frac{d}{dt} \int k^2 E - 2k_i \frac{d}{dt} \int k E + k_i^2 \frac{d}{dt} \int E > 0$

$\frac{d}{dt} \int k E dk < 0$

2D? Kraichnan (1967)

$E \sim \frac{\partial E}{\partial t} \sim \frac{m^2}{s^3}$
 $M \sim \frac{\partial Z}{\partial t} \sim \frac{1}{s^3}$

$Z = V_x \cdot u_y \sim \frac{1}{s}$
 $Z \sim Z^2 \sim \frac{1}{s^2}$

$$E(k) \sim \frac{m^3}{s^2} \epsilon^{2/3} k^{-5/3}$$

$$E(k) \sim \frac{m^3}{s^2} \left(\frac{m^2}{s^2}\right)^{2/3} \left(\frac{1}{m}\right)^{-5/3}$$

$$E(k) \sim \frac{m^3}{s^2} \left(\frac{1}{s}\right)^{2/3} \left(\frac{1}{m}\right)^{-5/3}$$

$$K_r \rightarrow T_r = T_s \rightarrow m^{-1/3}$$

$$L_r^2 = \nu^{-1} k^{-2} \rightarrow m^{-1/3}$$

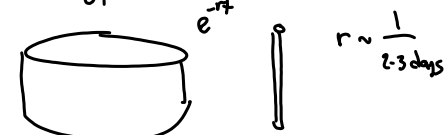
$$T_s \sim \frac{m^{1/3}}{s} \quad \nu^{-1} k^{-2} = m^{-1/3}$$

$$\frac{m^{1/3}}{\nu} = k^2$$

$$k_r = \frac{m^{1/6}}{\nu^{1/2}} \quad \text{dissipation rate} = \epsilon$$

Ekman (1905)

$$\frac{d}{dt} \zeta + \bar{u} \cdot \nabla \zeta = \mathcal{F} + \nu \nabla^2 \zeta - r \zeta$$

$$\frac{d}{dt} \zeta = -r \zeta \quad \zeta = \zeta_0 e^{-rt}$$


$$r \sim \frac{1}{2.3 \text{ days}}$$

$$K_r^2: T_s = T_r$$

$$T_s = \frac{\epsilon^{2/3}}{s} k^{-4/3}$$

$$T_r = \frac{1}{r}$$

$$\frac{m^2}{s^3} \frac{1}{m} \quad \frac{m^{1/3}}{s^2} m^{4/3}$$

$$\epsilon^{-2/3} k^{-4/3} = r^{-1}$$

$$\frac{r^{3/4}}{\epsilon^{1/2}} = K_r$$