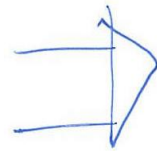
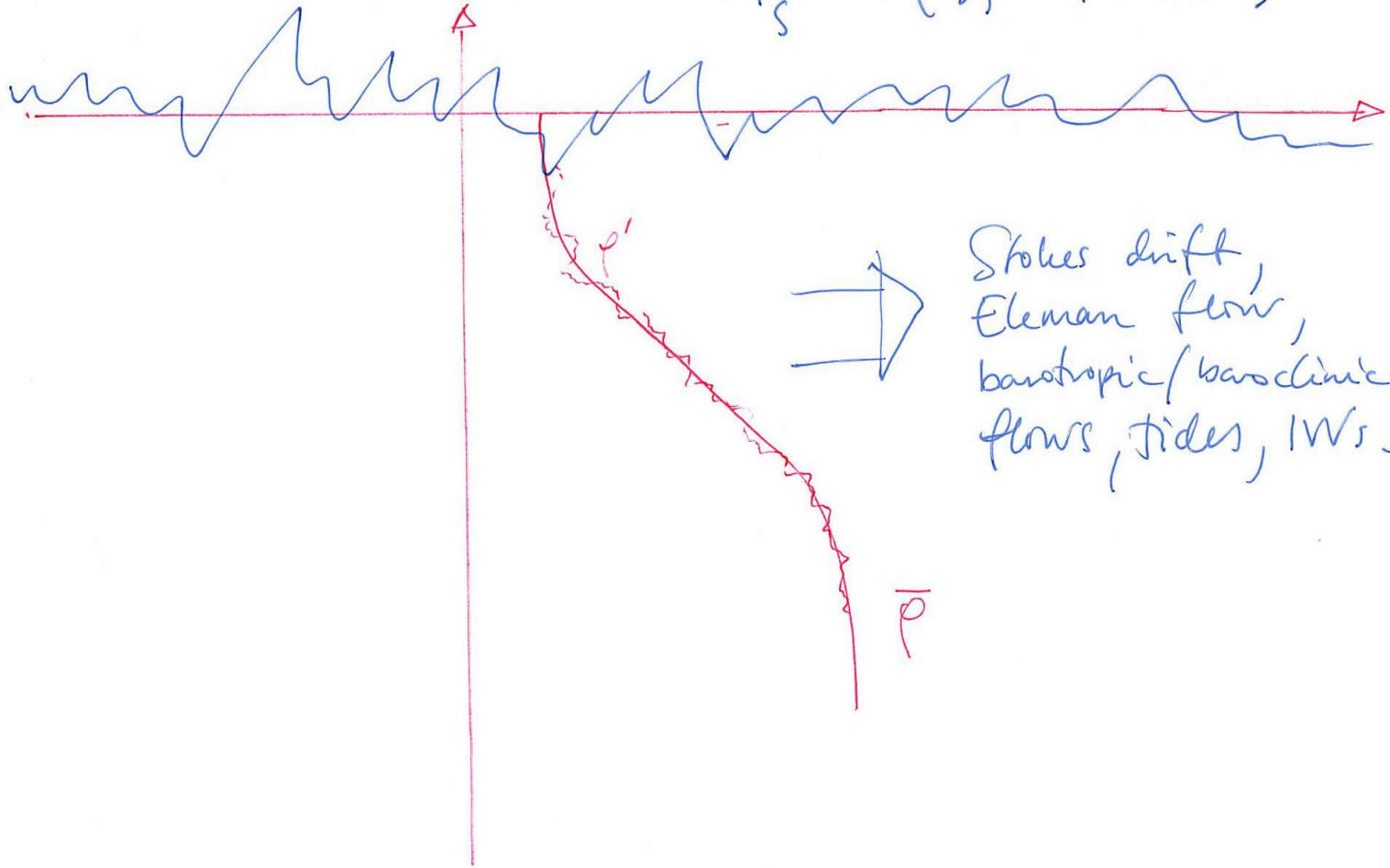


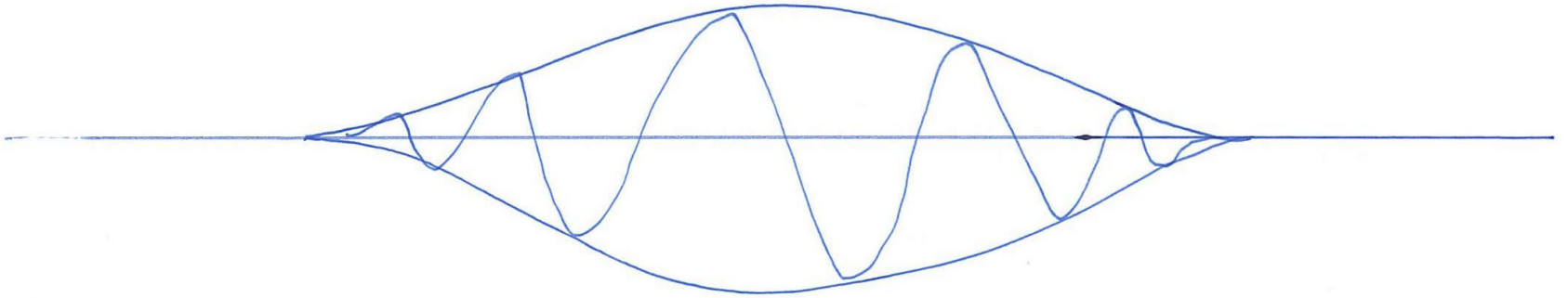
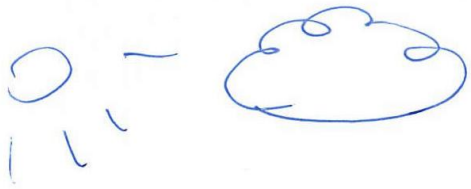
winds 

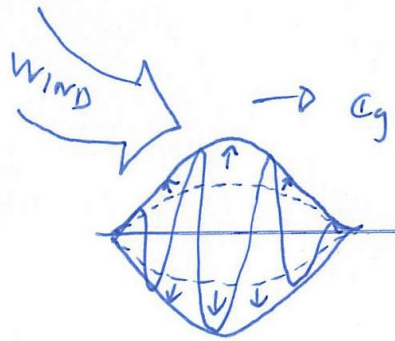
$$H_s = 4 \left( \iint E(f, \theta) df d\theta \right)^{1/2}$$



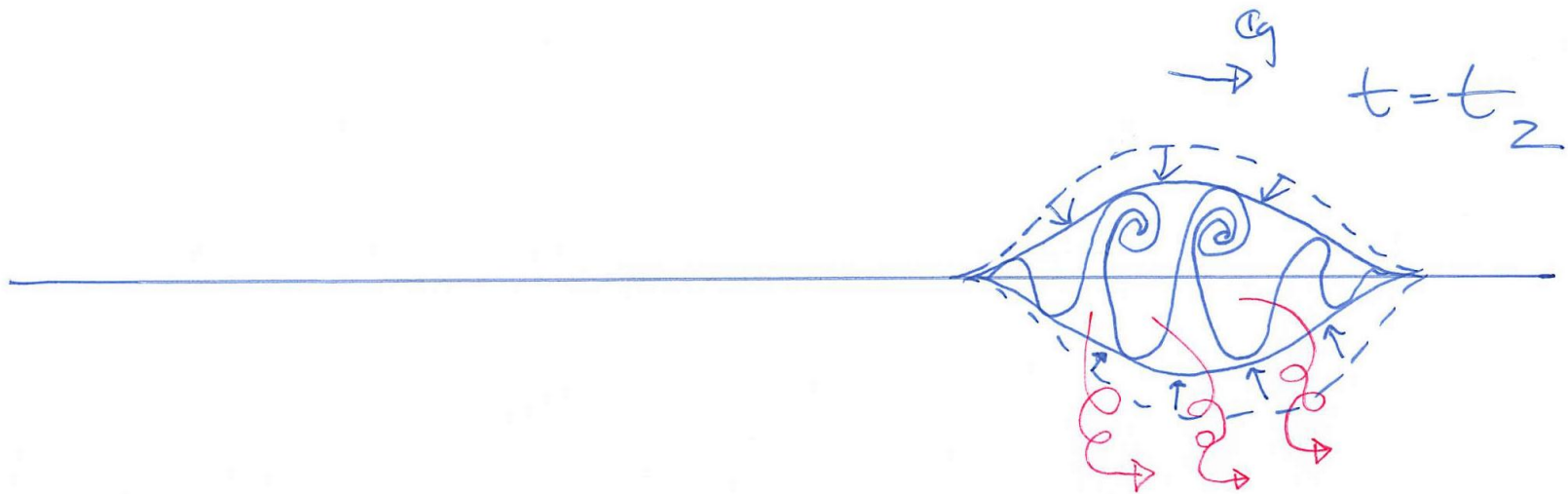
Stokes drift,  
Ekman flow,  
barotropic/baroclinic  
flows, tides, IWs...

$\theta$





$t = t_1$



$t = t_2$

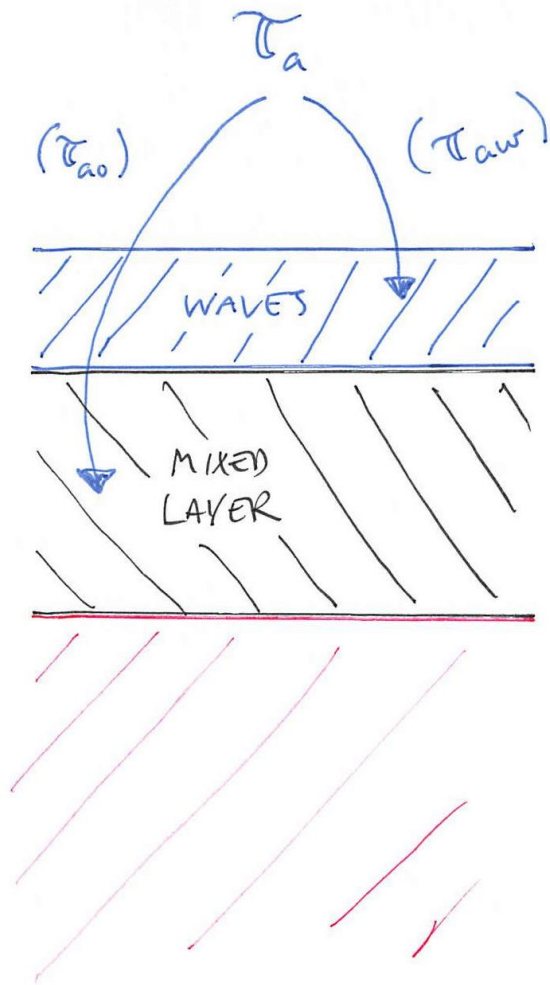
WAVES

MIXED  
LAYER

DEEP  
OCEAN

$$U|_S = \int u|_S dz$$

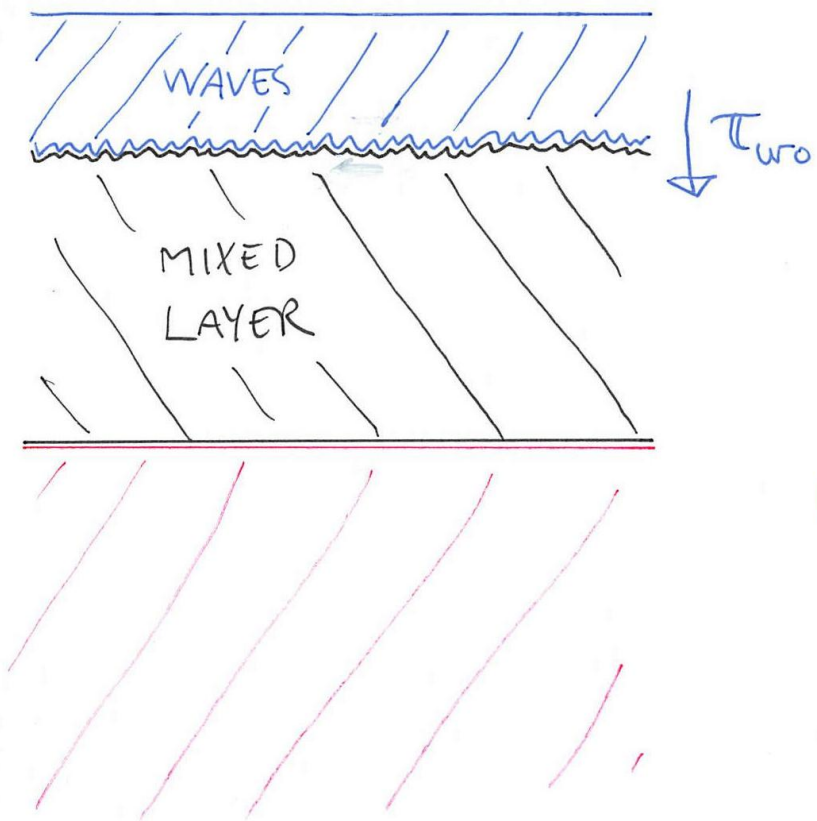
$$U|_E = \int \bar{u} dz$$



$$\frac{\partial M_w}{\partial t} = \frac{\partial}{\partial t} (pU|_s) > 0$$

$$\frac{\partial M_E}{\partial t} = \frac{\partial}{\partial t} (pU|_E) > 0$$

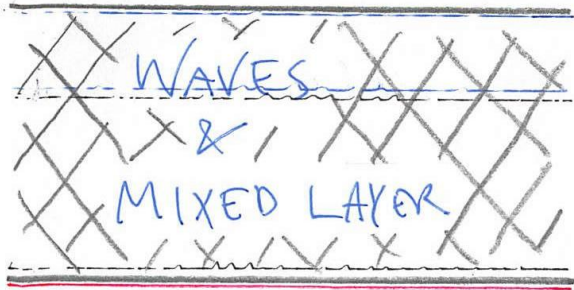
ATMOSPHERIC FORCING,  
NO WAVE DISSIPATION.



$$\frac{\partial M_w}{\partial t} < 0$$

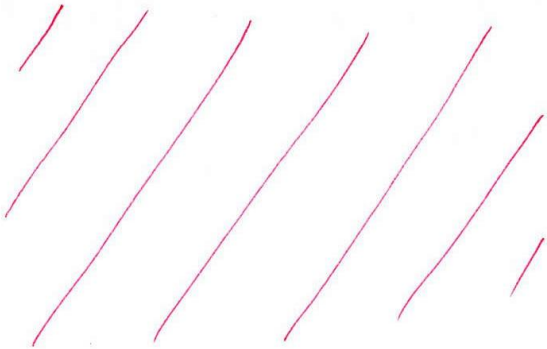
$$\frac{\partial M_E}{\partial t} > 0$$

NO ATMOSPHERIC FORCING,  
WAVE DISSIPATION

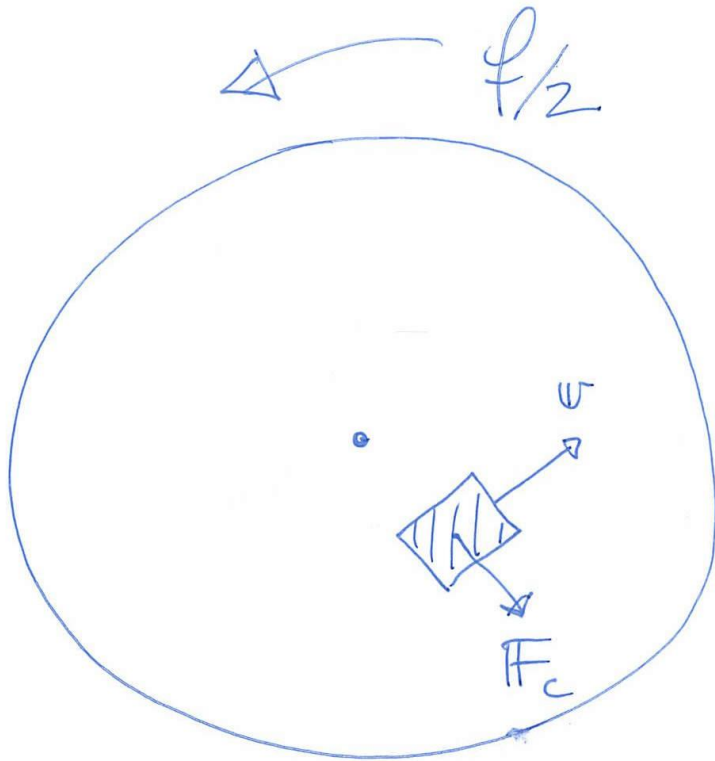


$$M_w + M_E$$

$$= M_L$$

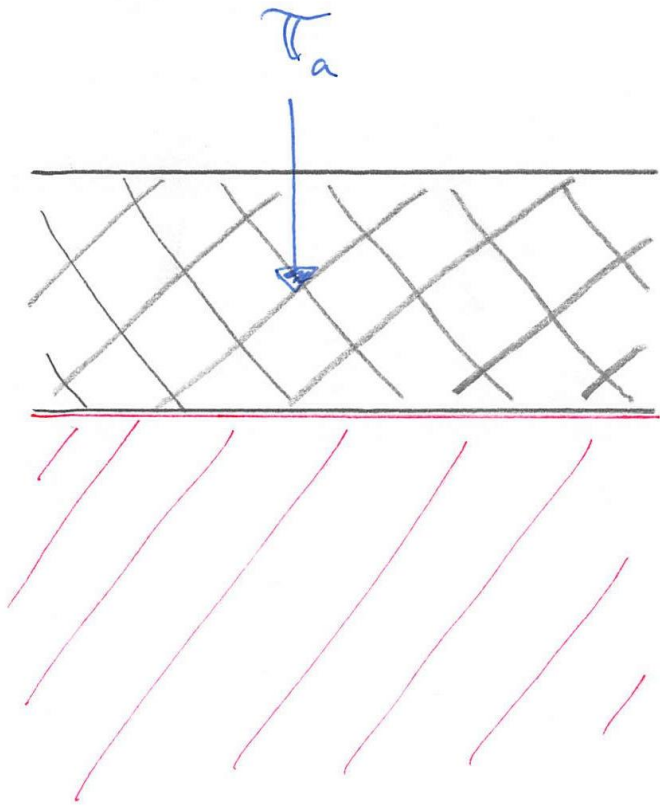


# ROTATING OCEAN



$$\frac{\partial \psi}{\partial t} = f \mathbf{k} \times \psi$$

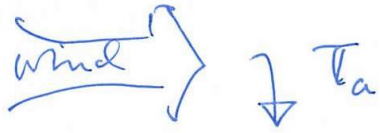




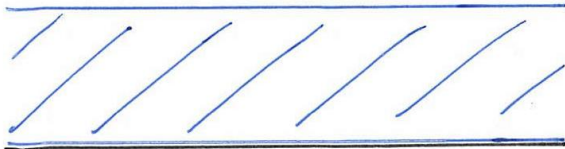
ROTATING OCEAN

$$\frac{\partial M_L}{\partial t} = f k \times M_L + \tau_a$$

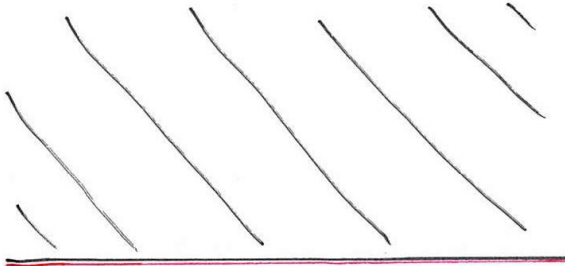
If  $\tau_a = 0$  we get  
inertial oscillations in  
a Lagrangian sink.



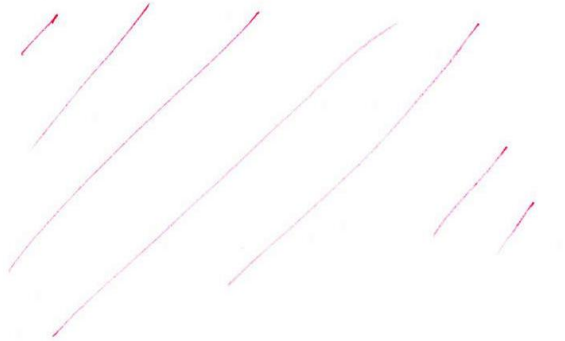
ATMOSPHERIC CIRCULATION MODEL

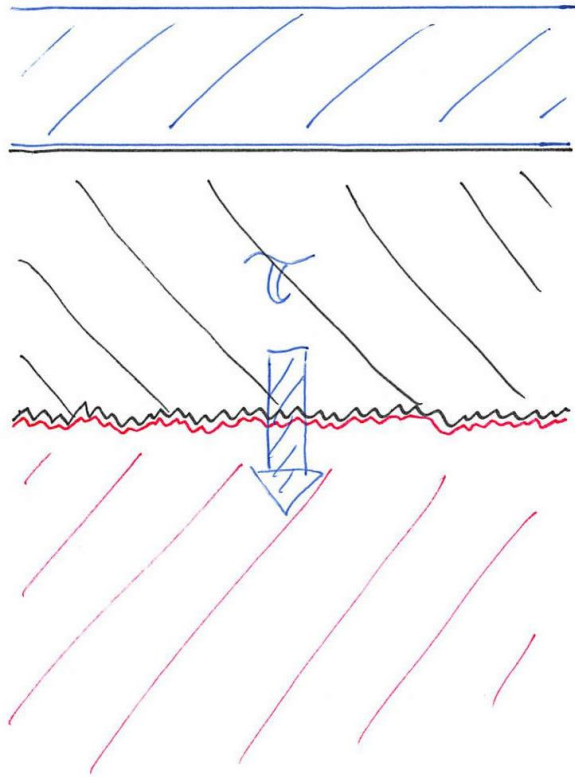


WAVE PREDICTION MODEL



OCEAN CIRCULATION MODEL





UPPER OCEAN LOSING  
MOMENTUM E.G.  
THROUGH GENERATION  
OF NEAR INERTIAL  
WAVES