

Interaction with AI – Wonder document

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How AI came about

The term Artificial intelligence was coined by John McCarthy in 1956 in a workshop call for participation (Grudin, 2009). McCarthy was a mathematician and logician, and it was from these two fields the early AI projects materialized. Even before this workshop's call for participation several projects that would later be categorized as AI had been initiated and completed. These projects proposed frameworks and deconstruction of reasoning, they had modeled and implemented neural networks, and created AI that would compete in defined chess circumstances (Press, n.d.)

Though the term AI had not been used in publications before 1956, AI as a concept had already emerged in entertainment. AI rebellion was an ongoing theme, initiated in 1921 by Karel Čapek's live play R.U.R, where robots created by humans become self-aware and attempt to destroy mankind (*R.U.R. and the Invention of Science Fiction on Stage!*, n.d.)

Definitions of AI

Defining AI is not straightforward. Schuett (2019) concludes that -
"Policy makers should not use the term "artificial intelligence" for regulatory purposes because there is no definition of AI which meets the requirements for legal definitions."

I aimed to find definitions of AI from different fields to get a broader impression of how the term is being used today. I chose to look to ISO standards, the curriculum for our course "Interaction with AI", and psychology.

The ISO definition

An interdisciplinary field, usually regarded as a branch of computer science, dealing with models and systems for the performance of functions generally associated with human intelligence, such as reasoning and learning.

(ISO/IEC 2382-28:1995(En), Information Technology — Vocabulary — Part 28: Artificial Intelligence — Basic Concepts and Expert Systems, n.d.)

Russell et al., 2010, as cited by Bratteteig & Verne, 2018

AI is a subfield of computer science aimed at specifying and making computer systems that mimic human intelligence or express rational behavior, in the sense that the task would require intelligence if executed by a human.

Psychology Today' s definition

Artificial intelligence (AI), sometimes known as machine intelligence, refers to the ability of computers to perform human-like feats of cognition including learning, problem-solving, perception, decision-making, and speech and language.

(*Artificial Intelligence | Psychology Today International*, n.d.)

The two first definitions rely on the definition of intelligence, while psychology today's definition point to cognition, and avoid relying on the term intelligence. Still, the terms used by Psychology Today such as "cognition" and "learning" are not easy to define.

One might consider the term artificial intelligence to be defined according to the sum of its two words:

Artificial

Something (not human) made by humans rather than occurring naturally.

Intelligence

Human intelligence, mental quality that consists of the ability to learn from experience, adapt to new situations, understand and handle abstract concepts, and use knowledge to manipulate one's environment.

(Human Intelligence | Psychology, n.d.)

Artificial intelligence as a sum of these two definitions

Something (not human) made by humans rather than occurring naturally, that has the mental quality, the ability to learn from experience, adapt to new situations, understand and handle abstract concepts, and use knowledge to manipulate one's environment.

This definition could be useful, though the definition still has many terms that can be interpreted and defined in different ways: Mental quality, learn, knowledge. A simplified definition to consider might be:

AI is something (not human) made by humans rather than occurring naturally. That has the ability to improve based on experience, adapt to new situations, handle abstract concepts, and use knowledge to manipulate its' environment.

This simplified definition is still strict, and not completely clear. E.g. what would "improvement", "handle", "knowledge" imply? I feel like the Intelligence aspect of the term is incomplete. It is tempting to define the "intelligence" aspect of AI as anything we perceive to be intelligent, similar in ways to the Turing test. However, defining AI based on *how we perceive* something entails that when our perception changes, the set of technology that is considered "AI" will also change. If/when we get accustomed to technology or understand it better, it might not seem as intelligent, and thereby fall out of the AI category. Press (n.d.) points out that a radio-controlled boat was once perceived as "a borrowed mind", akin to an AI. Yet, today, my impression is that radio-controlled boats are not considered AI. Still, a definition that encapsulates a constantly changing set of technology might be viable.

AI as defined by Computas

To get an impression of how AI is viewed in the industry, I looked to Computas, as they claim to be one of the first companies in Norway that delivered systems with applied AI.

Kunstig intelligens er teorien og utviklingen av datasystemer som evner å utføre oppgaver som krever menneskelig intelligens. Med andre ord handler kunstig intelligens om å ta noe av det vi i dag betrakter som utelukkende menneskelige egenskaper og overføre disse til en maskin på en tilfredsstillende måte.

(Tjenester - Kunstig Intelligens' Rolle Og Funksjon, n.d.)

Computas views AI as both theory and praxis. Their definition is similar to the three mentioned earlier in this document, as it is based on *performing tasks that requires human intelligence*. As their definition is posted under the "Services" subsection of their webpages, it is somewhat implied that they offer AI as a service.

Interaction with AI in *Robot & Frank*

AI in media takes many forms, typically dystopian. However, there are works with more lighthearted views and representations of AI as well. *Robot & Frank* is a movie about an AI-equipped assistive robot forced into Frank's life, an older adult, by Frank's family. Frank is skeptical and reluctant to interact with or accept the robot which has been tasked with improving Frank's wellbeing. Frank rejects the robot, but the robot persists and encourages Frank to do "healthy activities" such as gardening. The AI is viewed as unwelcome assistive technology. Later in the movie Frank grows to like the robot, he begins conversing with it, probing the robots' morals on subjects such as theft, and finding none. Frank then teaches and recruits the robot as an accomplice in jewelry heists, strengthening their friendship. The robot was programmed to prioritize Franks' wellbeing, therefore assisting him in the activities that bring frank joy such as heists. Later on, the robots' memory of the heists and the interactions with Frank might be used as evidence in a court case against Frank, thereby problematizing privacy in assistive technology as well. Interaction with AI in this movie starts out as forced, and transitions into Frank interacting with the AI as a friend, even protecting the robot from being used for labor.

Robots and AI systems

The play R.U.R. (R.U.R. and the Invention of Science Fiction on Stage!, n.d.) mentioned in the beginning of this document also coined the term *robot*, inspired by the Czech word for serf (slave). As Schultz (Schulz, 2020) determined, there isn't one agreed-upon definition of "robot" in the field of robotics. Shultz utilizes the ISO definition of a robot and continues to discuss an alternative.

ISO definition

actuated mechanism programmable in two or more axes with a degree of autonomy, moving within its environment, to perform intended tasks.

(ISO 8373:2012(En), *Robots and Robotic Devices — Vocabulary*, n.d.)

Schulz, 2020

Sense: Read data from sensors

Compute: Process data

Act: Do something based on the data

(Schulz, 2020)

Schulz's, (2020) definition aligns with my understanding of robot as a concept. However, the third capability - act - strikes me as too open. I do not view a smoke detector as a robot, yet it can:
sense: detect smoke
compute: is there smoke OR is my battery low? → act

act: make sound.

I'm unsure what requirements Schulz have for each of these three capabilities, still, I find this definition very clarifying. I am considering building on and narrowing down Schultz's "Act" to "move", as I consider movement a core part of my understanding of what a robot is. Both local and global movement suffices for my definition, even if limited to just one axis.

I have not yet come to think of systems that can sense, compute, and move that I do not consider to be a robot, but I am very interested in examples that can illustrate weakness in my proposal of "Sense, compute, move". One characteristic of the movement requirement should be that the movement is intended and initiated by the robot itself, and not just a secondary supporting function, such as a spinning hard drive disk. A spinning hard drive disk would technically fall under the category of local movement, but it is not the kind of movement I am thinking of and attempting to describe.

Is "a robot" different from "an AI"?

My understanding is that there are robots without AI, and AIs that are not robots. A robot does not have to be intelligent, and an AI does not have to be a robot. This distinction fits with the ISO definition of a robot, my provisional proposal, and Schulz's proposal depending on how one interprets the "compute" element. I do not believe the "compute" element requires AI - level computing, but maybe others define compute as "AI-level" computation.

One contemporary physical robot

One of the more discussed and used robots here at Ifi is the robot vacuum. They are increasingly prevalent, they come in different shapes, with different levels of sophistication, and they are easier and safer to adopt and use than many robots. These robots move to complete cleaning tasks, and depending on its sophistication, it keeps track of its previous paths, maps the environment, senses possible collisions, and applies algorithms to move and clean effectively. Their interaction with humans is limited, though some sophisticated versions might detect and avoid crashing with humans. With these robots, I believe the users are responsible for moving out of the way, not tripping over it, and helping the robot in getting unstuck. The robot is intended to work for the human, still the human does a lot of work curating its environment, and moving out of its way.

Universal Design and AI systems

The universal design definition is "The design of products and environments to be usable by all people, to the greatest extent possible, without the need for adaptation or specialized design"

Connell et al. as cited by Persson et al., 2015

This definition seems to be widely accepted, and clear. Anyone, no matter their capabilities, should be able to use a design. Inclusive design seems to have the same goal as UD, but with a more modest requirement. Finding examples of true universal design is difficult, as one could typically imagine or find a person who's set of capabilities that are not accommodated in some way. Though this should not be used as an excuse for not attempting to include as many people as possible. Inclusive design

seems to denote design that has made “sufficient” effort in including as many people as possible as users of the design.

The potential of AI with respect to human perception, human movement and human cognition/emotions & The potential of AI for including and excluding people.

AI has immense potential for good and inclusion. One example is speech recognition. AIs can “translate” human speech to text and let people living with hearing impairments perceive speech through text, including them. Other forms of perception support and translation are prevalent, such as speech synthesis, and sign language interpretation.

AI can also assist medical staff in detecting various diseases by recognizing patterns that we generally do not perceive (e.g. <https://www.nature.com/articles/d41586-020-00847-2>). However, a general danger in the use of AI seems to be the possibility that the users might become reliant on the system, and make less effort in checking themselves. Preventing this effect is an interesting design challenge.

Human movement can also be supported by AI. E.g. Self-driving cars, exoskeletons, and cutlery that counteracts hand tremors to enable people to eat independently (e.g. <https://www.liftware.com/steady/>).

AI-driven decision-making systems have also shown how AI can be a great tool in filtering out clutter and presenting data to support expert decision-making (e.g. https://en.wikipedia.org/wiki/Intelligent_decision_support_system).

With regards to emotion, AI’s can detect and estimate the mood of users through their activities, patterns or facial expression detection, and use this to make better systems e.g. assistive technology that adapts to mood, or takes mood as an input.

These applications of AI can enable inclusion of a lot of groups of people previously excluded by systems designed primarily for the average user, and not the extreme users.

However, exclusion through the application of AI is also a real threat. Bias introduced in data sets used by machine learning has often been solidified and created systems that exclude specific groups of users, e.g. face recognition that only recognized white males (Lohr, 2018).

Do machines understand?

No one has a complete and perfect understanding of anything, yet we say that we understand something when we feel we sufficiently know the inner workings of the thing, and how it relates to other things. With this view of understanding as a spectrum, machines may also understand.

However, context is important, and it has been argued that AI cannot understand as they do not have context (Bratteteig & Verne, 2018). Still, I believe AI can achieve some form of context, such as in neural networks, or with the same amount of experience and training that humans go through when growing up. Machines may therefore possibly partially understand.

Guidelines for Human-AI interaction

The Microsoft guidelines claim that “AI-infused systems will inevitably be wrong, and you need to plan for it.” (Natke, n.d.). I am happy to see this point being made after interacting with speech to text systems and finding no easy way of correcting any words that the system interpreted inaccurately. A speech to text interface will interpret users wrong at some point, e.g. Google speech had an 8% error rate in 2015 benchmarking (Filippidou & Moussiades, 2020) , yet many speech to text interfaces seem to be lacking design for correcting misinterpretations on the part of the AI.

As with Microsoft’s guidelines, many HCI design guidelines put thought into “errors”. One example is Donald Norman’s *Design of everyday things* (Norman, 1990) where he discusses that errors are usually poor design, and emphasizes minimizing occurrences and effects of errors, including reversibility of actions/errors. To better understand the design considerations unique to the guidelines proposed by Amershi et al. (2019), guidelines for interaction with AI, one can compare it to more common UI guidelines such as Apple’s (*Themes - IOS - Human Interface Guidelines - Apple Developer*, n.d.): Clarity, Deference, and Depth, and the following principles: Aesthetic Integrity, Consistency, Direct Manipulation, Feedback, Metaphors, User Control. Apples guidelines are created for creation of screen interfaces, focusing on concrete aesthetic choices, feedback mechanisms. Still there are similarities and differing attitudes in the set of guidelines. Apple states that “An app can suggest a course of action or warn about dangerous consequences, but it’s usually a mistake for the app to take over the decision-making.» while G11 implies that the system will make decisions. However, both guidelines emphasize giving users control (e.g. G8). And the guidelines share a focus on building on existing knowledge and norms (G5 and Consistency and Metaphors).

The key characteristics of AI-infused systems

The concept of AI-infused systems refers to systems that utilize AI to in their implementation of features. AI-infused systems are “systems that have features harnessing AI capabilities that are directly exposed to the end user” (Amershi et al., 2019). Determining the characteristics of AI-infused systems are not clear-cut. Yang et al. (2020) highlight the how “AI-characteristics” often are found in systems without AI as well. E.g. Yang et al. (2020) discuss how some of the guidelines proposed by Amershi et al., (2019) for design of Human-AI interaction seem like issues that designers should consider even if the system is not AI-infused. The examples highlighted were:

“make clear what the system can do” and “support efficient error correction”.

The first example might suggest that a characteristic of AI-infused systems is the *obscurity to users regarding the systems capabilities*. This obscurity however, can be dissipated with design. E.g. many chatbots will present themselves as “trainees” and with a description of their capabilities when users initiate a conversation.

The second example may suggest that a characteristic of AI-Infused systems is the inevitability of errors. However, all systems may encounter errors, i.e. Murphy’s law. Still, one can argue that a higher rate of errors is a characteristic of AI-infused system.

Yang et al. (2020) present four levels to classify AI-infused systems:

1. Probabilistic
2. Adaptive
3. Evolving probabilistic
4. Evolving adaptive

These levels are useful in classifying AI systems, but they could also be used to deduce characteristics of AI-infused systems. The three elements that are combined to describe the different levels of AI-infused systems are:

1. **Probabilistic:** Based on probability.
2. **Adaptive:** Based on data, the system can adapt to different users and use contexts.
3. **Evolving:** With new data, the system will change over time.

However, in the summary of Yang et al. (2020) they only emphasize the adaptive and evolving characteristic. This might be due to the existence of many probabilistic systems that are not AI-infused. Still, the *necessity* of AI-infused features to be based on probability could be an AI-infused system characteristic.

Speech to text functions in keyboards

To discuss the implications of these characteristics and how they affect users, one can look at the speech to text function ever more present in virtual phone keyboards. Here, machine learning is utilized to create a system feature that transforms speech to text. The characteristics outlined in the previous section are all present in this speech to text feature:

Probabilistic: The AI produces a list of the most likely spoken words, and chooses the most likely alternatives, and enters these in the text field.

Adaptive: Though I have never (knowingly) given my voice to be used in the development of the speech to text system, the system has adapted to my voice. It also adapts to background noise from different contexts.

Evolving (learning): The models are constantly getting new data, and improving their results. Most of these speech to text functions do not use your data to improve itself by default, however google offers an opt-in to sell your data for reduces costs for other services.

The probabilistic nature of the function may give users a lot of frustration, as this includes the inevitability of errors. Still, the probabilistic nature is necessary for the adaptive nature of the system. The system cannot adapt to new users and uses if it is not allowed to “make guesses”. The system would then only be able to function with the exact same data basis. as it has been built on.

I would argue that the constant input of new data and evolving characteristic of a system is not a requirement for labeling it “AI-infused”. A system could be developed and trained with an evolving data set, and then be deployed with a static data set, and still function as AI. Yet this example system would not be defined by the “evolving” characteristic as described here. I believe the evolving character is related the learning characteristic of AI-infused systems.

To summarize, AI-infused systems learn, adapt, are based on probability, and have a decreasing --yet inevitable-- error rate.

Human-AI interaction design

Amershi et al. (2019) and Kocielnik et al. (2019)

Amershi et al. (2019) have surveyed the design implications for AI systems published in the last previous 20 year, and created a set of guidelines that incorporates all of these implications. The guidelines have been iteratively shaped with HCI expert participants, as well as statistically validated and analyzed to uncover the primary concepts within the data, and to ensure the guidelines are applicable, useful and clear. They do not present their guidelines as a perfect and finished set, but lay a solid foundation. They encourage discussion and further work with guidelines for Human-AI interaction design.

Kocielnik et al. (2019) takes on improving user satisfaction and acceptance for AI-powered systems, with a focus on the inevitability of mistakes. They find interesting differences in users' satisfaction and acceptance in encountering false positives and false negatives. This difference has directly useful implications for balancing the systems actions: one should typically design AI with a balance towards avoiding false negatives. This applies especially when there is less confidence. They are cautious in generalizing this, and also provide examples where avoiding false positives would create a better system. They then elaborate on the significance of user perception of accuracy for user acceptance of the system.

Two design guidelines could inspire improvements in speech to text keyboards

There are two guidelines from Amershi et al. (2019) that I believe could improve the interaction with the speech to text systems I have used. They are both within the category "When wrong":

G9 - Support efficient correction.

Make it easy to edit, refine, or recover when the AI system is wrong.

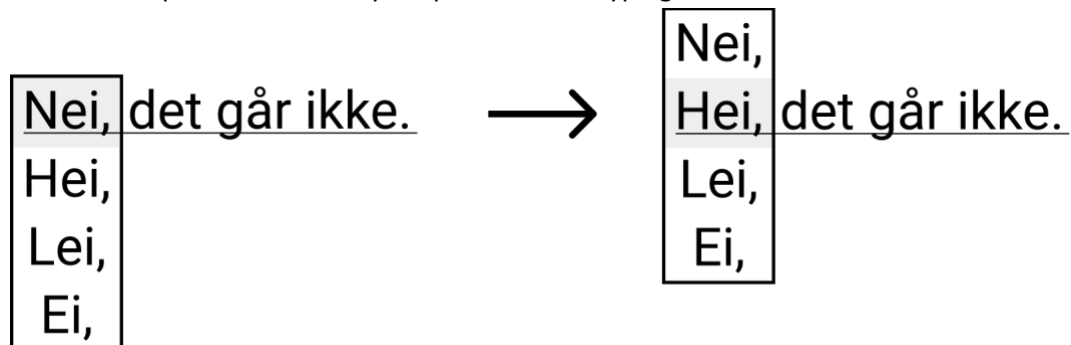
G10 - Scope services when in doubt.

Engage in disambiguation or gracefully degrade the AI system's services when uncertain about a user's goals.

When the speech to text function interprets one of my spoken words incorrectly, it still writes the word down anyways. I assume that the words that are written down incorrectly have less confidence, yet they are treated in the exact same way as words that have been interpreted with high confidence. To correct these misinterpretations, one has to manually select the wrongly interpreted words, and then type them out or give the speech to text function another chance. Now the speech to text function is at a disadvantage, it will have to interpret these words without the previous words as context (unless one deletes the entire interpreted text). This way of correcting misinterpretations could be better, and the benefit of improving the process of correction is amplified by the fact that speech to text is often used when standard typing interactions are not possible, E.g. when wearing gloves, in cold weather where touch screens are less responsive, or when fine-motor skills are lessened (e.g. when shivering, distracted). Through the project work in

this course, we had an older adult participant try out correcting words while creating a text message with dictation. Our participant shared my frustrations, even though we had not spoken about or hinted towards the lacking interface for correcting incomprehensions from the AI. Though, we might not have looked as closely at correction errors in this context if I had not had previous experience and frustration with this.

Inspired by G10, the speech to text system could act when words are not interpreted with high confidence. It could utilize G9 and, for instance, display the its best guesses for interpretation of a part of the speech interpreted with low confidence, and let the user choose an alternative. I believe this could improve the usability of speech to text typing.



Chatbots / conversational user interfaces

Key challenges in the design of chatbots / conversational user interfaces.

One of the main challenges in design of chatbots is the design of conversation. A focus on the conversation with the chatbot, not the graphical interface for the chatbot, is emphasized by Følstad & Brandtzæg (2017). They present this challenge as vital and connected to moving from user interface design, to service design. They advocate this approach, as well as moving away from designing for explanations of chatbots, towards interpreting the user and their goals/needs. Additionally, Følstad & Brandtzæg (2017) present the challenge of designing for interaction in networks of humans and AIs. They exemplify this challenge with Microsoft controversial chatbot Tay. Different users have different goals and preferences.

The challenges highlighted by Følstad & Brandtzæg (2017) are valuable, and will contribute to the advancement of chatbot design. Still, there are more commonly known and fundamental challenges that limit chatbots and their capabilities, such as comprehension of intentions and user's language.

Guidelines and the challenges in current chatbots / conversational user interfaces.

The first two guidelines in Amershi et al. (2019) may contribute to solving the key challenges outlines above.

G1 - Make clear what the system can do.

Help the user understand what the AI system is capable of doing.

G2 - Make clear how well the system can do what it can do.

Help the user understand how often the AI system may make mistakes.

These guidelines do not emphasize what the interface should look like, they focus on elements of the conversation design, advocating for setting the users expectations and building their understanding of the limitations of the system.

As mentioned earlier in this text, many chatbots will present themselves as “trainees” and outline what tasks they can assist with. This initial presentation aligns with G1 and G2. However, when the chatbots I have interacted with cannot help (either due to not understanding my intent, or not being able to assist with the task), the chatbot defaults to the general response of “I do not understand”. A possible improvement would be to present the tasks it can assist with that most resemble what has been requested.

Human AI collaboration

The Big Dog robot by Boston Dynamics described in E. K. Phillips et al. (2015) is a fitting example for discussing levels of automation and human control. The robot is somewhat autonomous as it moves and shifts its legs to maintain balance, navigating terrain and moving in the direction defined by its human operator. The level of human control is high and automation is present, but not high. Increasing the robot’s autonomy could be beneficial, e.g. the robot could be steered by setting a target destination, not relying on constant direction control from a human operator. This would free up the human controller to do other tasks, which would be especially valuable in military activities. This increase in autonomy would however require great advances and development to the robot, as it can no longer rely on the human controller’s judgment and experience in navigation to the destination. This increase in autonomy could be paired with high human control, e.g. the operator could manually override the robot’s navigation. This level of high control and autonomy seems like a beneficial change. One could also limit the operators control to only setting a target destination if one has more faith in the robot’s navigation skills than in the operators.

A hypothetical decrease in the Big Dog robot’s autonomy would entail requiring the operator to control the dog’s individual legs or balance. This decrease in autonomy would likely require more attention and focus from the human operator, which could lead to worse judgment in directions steering, or limit the operator’s attention to other tasks. This change would likely provide no benefits other than reducing the cost of development.

The Nano UAV robots described in E. K. Phillips et al. (2015) can serve as a similar informative example in this discussion. These robots are mostly controlled by humans, and they therefore benefit from the situational awareness and judgement of the operator. However, as with the Big Dog robot, this control draws from the attention and time of the operator, which could be needed elsewhere. If the robot’s autonomy was increased to the point where they could move around on their own to find useful information, less work would be needed by the operators. This could be beneficial if the system can perform at the levels of a human operator, and the systems own control would likely be less prone to distractions. Human control is compatible with this hypothetical increase in autonomy as supported in general by Shneiderman (2020). This simultaneous increase in autonomy and human control could come in the form of having the UAV robot find probable beneficial areas to search, and have the human operator select from these proposed paths.

The need for explainability

In the two hypothetical examples of Nano UAV robots and the Big Dog robot where the systems navigate autonomously, explainability surrounding their chosen navigation could provide valuable information on the environment and situation. Additionally, Smith-Renner et al. (2020) suggest that explainability could contribute to the development and improvement of systems, though this comes at a cost in the shape of lower user satisfaction.

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Feedback and changes

Changes based on feedback to iteration one

The feedback to my first iteration highlighted some confusion in my discussion on whether machines can understand. I have attempted to better this discussion, as well as expanded and clarified my comparison of HCI guidelines, including a new set of guidelines.

Changes based on feedback to iteration two

The feedback to my second iteration of this document pointed out that my section on design of chatbots was brief and minimal. For this final iteration I have expanded it with more details on challenges from the literature, as well as adding some of my own reflections.