# MEK4600: LabView; Can turbulence be detected in the human body?

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For this assignment you will setup hardware, make logging software and find turbulent spectra for different flow rates in a human blood vessel.

#### 1 Hardware and Software

- Sony Vaio laptop LabView installed
- NI myDAQ
- Amplifier
- Microphone
- Stethoscope
- Arm cuff

## 2 Steps to perform

- 1. Make a LabView program that record the sound from the microphone. Use filters to remove noise and unwanted signals. Remember to save the raw signal to the disk and also the post-processed data.
- 2. Please define systolic/diastolic pressure. What does it mean? What is the expected level of the systolic/diastolic pressure in a healthy human body?
- 3. What kind of fluctuating signals can be detected with the microphone with this setup?
- 4. Make a small literature review; Is turbulent flow in the human blood vessels reported in the literature?
- 5. Procedure to find turbulence in a vessel
  - $\bullet\,$  Mount the cuff on one of the arms
  - Rest for 5 minutes before the measurement start
  - Inflate the cuff until you can read 30 points above your expected systolic pressure

- Easily release the valve approx. 2-3 point per hear beat until you can detect the pulse with the stethoscope
- Take a reading of the blood pressure
- Record the sound with the microphone
- Listen for a change in the pulse sound when the air is slowly released from the cuff
- Record data for the different pressures
- Repeat this procedure 3 times
- Wait 1 minute before you repeat the procedure
- 6. Analyze the data and plot the frequency spectra at different blood pressures
- 7. Which frequencies are detected? Show the turbulence spectra.
- 8. Filter out noise and show the time series.
- 9. Make a report and send it to at lej@math.uio.no and olav.gundersen@mn.uio.no before 11/4-2014 at 16:00.

#### 3 Checklist

Adress these issues/topics in the report

#### 3.1 Sampling data:

- 1. What is the lowest sampling frequencies to use when sampling the data from the microphone?
- 2. Why should you go a bit higher than the lowest possible rate?
- 3. In which range/level should the analogue signal be before sampled by the DAQ?
- 4. Why do you not want to let the signal fill the entire input range of the DAQ?
- 5. How many samples (vector length) should you read each time, and why? Pros and cons for few vs many samples?

#### 3.2 Recording:

- 1. Would it be an advantage to be able to start/stop saving data and to change/make new file names without stopping the measurements?
- 2. Why should you try to avoid noise in your measurements and how can you improve your recordings to mostly get turbulence sound?
- 3. Would you benefit from being able to listen to your microphone data? If so, how would you implement that?



Figure 1: Amplifier used in this lab.

### 4 How to adjust the gain of the amplifier:

There are two potentiometers on the amplifiers circuit board -both have different usage:

- When the upper potentiometer is adjusted to 11 o'clock and the lower potentiometer is adjusted to 7 o'clock the gain is approximately 10x.
- Adjusting the lower potentiometer counter clockwise increases the gain. When it is set to 11 o'clock the gain is increased to approximately 92x.
- To increase the gain further turn the upper potentiometer clockwise. Max gain is when the upper is positioned at 7 o'clock.

Please note that you can also adjust the gain from 11x to 955x by keeping the lower potentiometer fixed at 7 o'clock and adjusting the upper from 11 to 7 o'clock. However, the lower gain range will then be very coarse."