# **Markov chains**

We may use Markov chains to model situations where more than one type of event may occur

We first note that the survival analysis situation may be modelled by a Markov process with two states:



 $\alpha_{01}(t)$  is the hazard rate or transition intensity

1

# An illness-death model without recovery:



We have a Markov process if the transition intensities do not depend on duration in a state

With two or more causes of failure we get a model for competing risks:



 $\alpha_{01}(t)$  and  $\alpha_{02}(t)$  are the cause specific hazards or transition intensities (i.e. instantaneous probabilities of a transition per unit of time).

In general we consider a stochastic process X(t) with state space  $\mathscr{I} = \{0, 1, 2, ..., k\}$ 

The process is a Markov chain (i.e. a Markov process with discrete state space) if future transitions only depend on the current state

May define transition probabilities

$$P_{gh}(s,t) = P(X(t) = h | X(s) = g) \qquad s < t, \quad g,h \in \mathscr{S}$$

4

and transition intensities

$$\begin{aligned} \alpha_{gh}(t) &= \lim_{\Delta t \to 0} \frac{1}{\Delta t} P(X(t + \Delta t) = h \,|\, X(t - ) = g\,) \\ \text{for} \quad g \neq h \end{aligned}$$

### Estimating cumulative transition intensities

Consider the transition from state *g* to state *h* in a Markov chain, and let  $\alpha_{gh}(t)$  denote the corresponding transition intensity

Let  $N_{gh}(t)$  count the number of observed  $g \rightarrow h$  transitions in a group of individuals, and let  $Y_g(t)$  be the number of individuals observed in state g just before time t

The intensity process of  $N_{ab}(t)$  has the multiplicative form:

 $\lambda_{gh}(t) = Y_g(t) \cdot \alpha_{gh}(t)$ 

The cumulative transition intensity  $A_{gh}(t) = \int_0^t \alpha_{gh}(u) du$  may be estimated by the Nelson-Aalen estimator

5

7

$$\hat{A}_{gh}(t) = \int_0^t \frac{J_g(u)}{Y_g(u)} dN_{gh}(u)$$

Nelson-Aalen estimates for the cause-specific mortality according to cause of death and sex (data from health screenings in three Norwegian counties):







Data from the health screenings in three Norwegian counties 1974-78.

Followed-up to the end of 2000 by record linking to the cause of death registry at Statistics Norway.



6

#### Example 3.16: Platelet recovery, relapse and death for bone marrow transplant patients

137 patients with acute leukemia have had a bone marrow transplantation. Record the time of the events "platelet recovery" and "death/relapse"





Fig. 3.20 Nelson-Aalen estimates with log-transformed 95% confidence intervals of the cumulative transition intensities for the bone marrow transplant patients. The states are 0: "transplanted," 1: "platelet recovered," and 2: "relapsed or dead." Note that the time scale is not the same for the three estimates.

## **Estimating transition probabilities**

For simple Markov chains we have explicit expressions for the transition probabilities  $P_{gh}(s,t)$  and these expressions may be used to suggest estimators

For a competing risks model with k causes of death :

$$P_{00}(s,t) = \exp\left(-\int_{s}^{t}\sum_{h=1}^{k}\alpha_{0h}(u)du\right)$$
$$P_{0h}(s,t) = \int_{s}^{t}P_{00}(s,u)\alpha_{0h}(u)du \qquad (cur)$$

(cumulative incidence function)

This suggests the estimators:

$$\widehat{P}_{00}(s,t) = \prod_{s < T_j \le t} \left( 1 - \frac{\bigtriangleup N_{0.}(T_j)}{Y_0(T_j)} \right) \quad \text{where} \quad N_{0.}(t) = \sum_{h=1}^k N_{0h}(t)$$

$$\widehat{P}_{0h}(s,t) = \sum_{s < T_j \le t} \widehat{P}_{00}(s,T_{j-1}) \triangle \widehat{A}_{0h}(T_j)$$

10



Fig. 3.18 Empirical cumulative incidence functions for cancer death (thin drawn line) among middle-aged Norwegian males (left) and females (right) with 95% confidence intervals (dotted lines). Absolute risk estimates disregarding other causes of death are also given (thick drawn line).

# Example 3.15: Causes of death in Norway



9





$$P_{01}(s,t) = \int_{s}^{t} P_{00}(s,u)\alpha_{01}(u)P_{11}(u,t)du$$

This suggests the estimators:

 $\widehat{P}_{00}(s,t) = \prod_{s < T_i \le t} \left( 1 - \frac{\triangle N_{0,}(T_j)}{Y_0(T_j)} \right) \qquad \widehat{P}_{11}(s,t) = \prod_{s < T_j \le t} \left( 1 - \frac{\triangle N_{12}(T_j)}{Y_1(T_j)} \right)$  $\widehat{P}_{01}(s,t) = \sum_{s < T_i \le t} \widehat{P}_{00}(s, T_{j-1}) \triangle \widehat{A}_{01}(T_j) \widehat{P}_{11}(T_j, t)$ 

Healthy

Diseased

13

Dead

In general we cannot find an expression of the transition probabilities  $P_{ah}(s,t)$  by means of the transition intensities  $\alpha_{ab}(t)$ 

Consider the transition probability matrix:

$$\mathbf{P}(s,t) = \begin{pmatrix} P_{00}(s,t) & P_{01}(s,t) & \dots & P_{0k}(s,t) \\ P_{10}(s,t) & P_{11}(s,t) & \dots & P_{1k}(s,t) \\ \dots & \dots & \dots & \dots \\ P_{k0}(s,t) & P_{k1}(s,t) & \dots & P_{kk}(s,t) \end{pmatrix}$$

We will see how this may be expressed as a (matrix valued) product-integral of the matrix of transition intensities

Example 3.16: Bone marrow transplantation



We partition [s,t] into K small time intervals:

Then we may write:

$$\mathbf{P}(s,t) = \mathbf{P}(t_0,t_1) \times \mathbf{P}(t_1,t_2) \times \cdots \times \mathbf{P}(t_{K-1},t_K)$$

When K increases and the length of the intervals goes to zero, the product approaches a limit which is a matrixvalued product-integral

The product-integral may be expressed in terms of the matrix of transition intensities:

$$\boldsymbol{\alpha}(u) = \begin{pmatrix} \alpha_{00}(u) & \alpha_{01}(u) & \dots & \alpha_{0k}(u) \\ \alpha_{10}(u) & \alpha_{11}(u) & \dots & \alpha_{1k}(u) \\ \dots & \dots & \dots & \dots \\ \alpha_{k0}(u) & \alpha_{k1}(u) & \dots & \alpha_{kk}(u) \end{pmatrix}$$

Here  $\alpha_{gg}(u) = -\sum_{h \neq g} \alpha_{gh}(u)$  and  $\alpha_{gh}(u) = 0$  if a transition from state *g* to state h may not occur

Now we have  $\mathbf{P}(u, u + du) \approx \mathbf{I} + \boldsymbol{\alpha}(u) du$ 

Therefore the transition probability matrix may be written as a matrix-valued product integral:

$$\mathbf{P}(s,t) = \pi_{s \le u \le t} \{ \mathbf{I} + \mathbf{\alpha}(u) du \}$$

17

19

The Aalen-Johansen estimator is a finite product over the observed transitions times

If e.g. k=2 and a 1-> 2 transition is observed at time u, we have:

 $\mathbf{I} + \Delta \hat{\mathbf{A}}(u) = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 - \Delta \hat{A}_{12}(u) & \Delta \hat{A}_{12}(u) \\ 0 & 0 & 1 \end{pmatrix}$ 

The estimators given earlier for the competing risks and illness-death models are special cases of the Aalen-Johansen estimator

The statistical properties of the estimator may be derived in a similar manner as for Kaplan-Meier, cf. sections 3.4.4 and 3.4.5 in the ABG-book (which are not part of the curriculum)

Alternatively we may express the product integral in terms of the matrix

$$\mathbf{A}(t) = \{A_{gh}(t)\}$$

of cumulative transition intensities (with  $A_{gg}(t) = -\sum_{h \neq a} A_{gh}(t)$ ):

$$\mathbf{P}(s,t) = \pi_{s \le u \le t} \left( \mathbf{I} + d\mathbf{A}(u) \right)$$

From this we obtain the Aalen-Johansen estimator

$$\hat{\mathbf{P}}(s,t) = \prod_{s < u \le t} \left( \mathbf{I} + \Delta \hat{\mathbf{A}}(u) \right)$$

where  $\hat{\mathbf{A}}(t) = \{\hat{A}_{gh}(t)\}$  the matrix of Nelson-Aalen estimators with  $\hat{A}_{gg}(t) = -\sum_{h \neq g} \hat{A}_{gh}(t)$