# **STK4900/9900 - Lecture 4**

# **Program**

- 1. Causal effects
- 2. Confounding
- 3. Interaction
- 4. More on ANOVA
- 5. Prediction

•Sections 4.1, 4.4, (4.5), 4.6 •Supplementary material on ANOVA Example (cf. practical exercise 10)

How does exercise affect blood glucose level?

Use the **HERS** data, disregarding women with

diabetes

#### **Simple linear regression:**

Residual standard error: 9.715 on 2030 degrees of freedom Multiple R-squared: 0.0073, Adjusted R-squared: 0.0068 F-statistic: 14.97 on 1 and 2030 DF, p-value: 0.00011

(Intercept)  $\left( \sqrt{97.36} \right)$  0.282 345.8 < 2e-16

exercise  $\sqrt{}$  -1.693 ) 0.438 -3.87 0.00011

Estimate Std. Error t value Pr(>|t|)

Can we conclude that exercise on average decreases the blood glucose level with  $1.7$  mg/d



## Problem:

The women who exercise are not a random sample of all women in the cohort (as they would have been in a randomized clinical trial), but differ from the women who don't exercise, e.g. with respect to age, alcohol use, and body mass index (BMI)

Further age, alcohol use, and BMI may influence the glucose level

**Illustration for BM** 











# Control of confounding

Consider the situation where all causal determinants other than  $X_{1}$ ) are captured by the binary covariate  $X_{2}$ 

Then, given the level of  $X_2$  (= 0,1), there is no more confounding and the causal effect of  $(X_1)$  may be estimated by comparing the means of exposed and unexposed within levels of  $X_2$ 

In practice this is obtained by fitting the linear model

$$
\mathcal{L}[Y|\mathbf{x}] \quad \mathbf{y}_{i} = \beta_{0} + \beta_{1} \mathbf{x}_{1i} + \beta_{2} \mathbf{x}_{2i} + \varepsilon_{i}
$$

since here $(\beta_1)$  is the effect of one unit's increase in  $\ X_1$  keeping the value of  $X_2$  constant

In general we may use multiple linear regression to correct for a number of confounders by including them as covariates in the model (assuming that all relevant confounders are recorded in the data)

## Example (contd)

We fit a multiple regression model with blood glucose level as response and exercise, age, alcohol use, and body mass index (BMI) as covariates

## **Multiple linear regression:**



Residual standard error: 9.389 on 2023 degrees of freedom (4 observations deleted due to missingness) Multiple R-squared: 0.072, Adjusted R-squared: 0.070 F-statistic: 39.22 on  $\overline{4}$  and 2023 DF, p-value: < 2.2e-16

We now find that exercise on average decreases the blood glucose level with 1.0 mg/dL

This should be closer to the causal effect of exercise

# In particular:

Suppose that the true model is given by

$$
E(Y) = \alpha + \beta_1 x_1 + \beta_2 x_2 \tag{1}
$$



but the data are analyzed with a model omitting  $x_2$ , thus as



# It follows:

When the two covariates are correlated,  $r_{12} \neq 0$ and when there is a causal effect of  $x_2$  on Y, so  $\hat{\beta}_2 \neq 0$ , then we e<u>stimate diff</u>erent effects of  $x_{1}$  under model (1) and (2), that is:  $\hat{b} \neq \hat{\beta}_1$ 

However when the two covariates are weakly correlated,  $r_{12} \approx 0$  , or when there is no important <u>causal effect</u> of  $x_2$  on Y, so  $\overbrace{\beta_2 \approx 0}^{\infty}$ , then the estimates differ little,  $\overline{\hat{b}\approx\!\hat{\beta}_1}$ 

From equation (3) it follows that inclusion of a new covariate  $x$ , can both make the association between  $\widehat{x_1}$  and Y weaker as well as stronger.

## Example (contd)

We will demonstrate equation (3) on the glucose data. Note that BMI had a strongly significant association with glucose. It turns out that BMI is the essential confounder of the exercise.

 $\mathscr{L}_1$  However, there were 2 subjects with unknown (missing) BMI. These have to be removed from the data before the comparison

#### **R code for removing the missing:**

hers.nob=hers.no[!is.na(hers.no\$BMI),]  $\rightarrow$ 



## Example (contd)

We then calculate the correlation between, and the standard deviations of, exercise and BMI

>r12=cor(hers.nob\$exercise,hers.nob\$BMI)  $-0.92 +$ >r12 -0.1587467  $-0.92 - 0.78 = 1.78$ >s1=sd(hers.nob\$exercise) >s1 0.4927197  $S16$ >s2=sd(hers.nob\$BMI)  $>$ s2 5.141301  $S^{\overline{\phantom{a}}}_2$  $\hat{b} = \hat{\beta}_1 + \hat{\beta}_2 r_{12}$ Finally we demonstrate that equation (3)  $\mu_1$   $\mu_2$   $\mu_{12}$ *s* example 1 fit.b\$coef[2]+fit.b\$coef[3]\*r12\*s2/s1 exercise -1.701807 The answer is identical to the estimate  $\hat{b}$  for the simple model!

# Control of confounding

If all confounding variables are recorded and included adequately in a multiple regression model we should then identify the causal effects also in an observational study.



We should therefore be cautious about concluding about causal effects from observational studies.

Still we may hope that we are closer to identifying causality after adjusting (or controlling) for known confounders

# Mediation, Sec. 4.5

Not all measured variables should be adjusted for.

Exampe: Statin drugs may reduce (bad) cholesterol which in turn may reduce risk of heart attack.

Adjusting for cholesterol measured after taking statins may then hide a causal effect of statins on risk of heart attack.

In this case cholesterol is a mediator, or intermediate variable. It is likely correlated (caused by) to statin use and causally related to heart attack. However, since it is on the causal pathway between statin use and heart attack we should not adjust for it.

statin  $\uparrow$  lower cholesterol  $\downarrow$  reduced risk of heart attack

heart attack  $\sim$  statin + chole terol

es level of river

## Why randomization works

In a study where subjects are randomized to different treatments we can ignore confounding.

This can be deduced from equation (3)  $b=\beta_1+\beta_1'$ 2 1  $\hat{b} = \hat{\beta}_1 + \hat{\beta}_1 r_{12}$ *s s*

After randomization the treatment  $x_1$  and the confounder  $x_2$  will be (approximately) uncorrelated, thus  $r_{12} \approx 0$  and  $b \approx \beta_1$ .

Hence the causal effect is estimated after randomization!

We don't even need to know the confounding factors

# Interaction for binary covariates

We have considered the situation where two binary predictors  $X^{\phantom{\dagger}}_{1}$  and  $X^{\phantom{\dagger}}_{2}$  have a causal effect on the outcome

We could then estimate the (causal) effects by fitting the linear model

$$
y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \varepsilon_i
$$

Note that we assume that the effect of  $X_1$  is the same for both levels of  $X_{2}$  (and vice versa):

$$
\begin{array}{ccc}\n\overline{X_1 & X_2 & E(y|\mathbf{x})} \\
0 & 0 & \beta_0 \\
1 & 0 & \beta_0 + \beta_1 \\
0 & 1 & \beta_0 + \beta_2 \\
1 & 1 & \beta_0 + \beta_1 + \beta_2\n\end{array}
$$

If the effect of  $X_1$  depends on the level of  $X_2$  we have an *interaction* 

We may then fit a model of the form

$$
y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} \underbrace{\beta_3 x_{1i} x_{2i}}_{\blacktriangleright} + \varepsilon_i
$$

The effect for different values of the covariates are then given by:

$X_1$	$X_2$	$X_1X_2$	$E(y \mid \mathbf{x})$	
0	0	$\beta_0$	—	
1	0	0	$\beta_0 + \beta_1$	—
0	1	0	$\beta_0 + \beta_2$	
1	1	1	$\beta_0 + \beta_1 + \beta_2 + \beta_3$	—

## Example

Use the HERS data to study how low-density lipoprotein cholesterol after one veak (LDL1) depends on hormone therapy (HT) and statin use (both binary)

**R commands:** ht.fit=lm(LDL1~HT+statins+HT:statins) data=hers)  $\ln(L)L1 \sim HT^*s!_2!\cdot i\cdot s$ ,  $d\theta$ <br>summary(ht.fit)<br> $\beta_0 + \beta_2 HT + \beta_2 S I z \cdot i\cdot s$ ,  $f \cdot g H S \cdot i\cdot s$ summary(ht.fit)

## **R output (edited):**

Estimate *Std.* Error t value Pr(>|t|) (Intercept)  $(145.157)$  1.326 109.507 < 2e-16 HT -17.73 1.87 -9.477 < 2e-16 statins (-13.81) 2.15 -6.416 1.65e-10 HT:statins 6.24 3.08 2.030 0.0425

(In the model formula HT:statin specifies the interaction term "HT\*statin")

The effect of HT seems to be lower among statin users



HT reduces LDL cholesterol for non-users of statins by 17.7 mg/dl

For users of statins the estimated reduction is  $17.7 - 6.2 = 11.5$  mg/dl

To obtain the uncertainty, we use the "contrast" library

#### **R commands:**

library(contrast)

$$
\frac{-31.54+}{8.26} -13
$$

 $part = list(HT = 1, status = 1)$  # specify one set of values of the covariates  $par2= list(HT=0, statins=1)$  # specify another set of values of the covariates contrast(ht.fit,  $par1, par2)$  # compute the difference between the two sets

#### **R output (edited):**



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Another options for interpretating interactions can be to construct a new categorical variable with one level for each combination of levels of the original factors.

In the Hypertension-Statin example we construct a variable with 4 levels:

- Level 1: HT=0 and statins=0
- Level  $2: \widehat{AT=1}$  and statins=0
- Level 3:  $H\bar{T} = 0$  and statins=1
- Level 4:  $HT=1$  and statins=1

hers\$HTstat=1\*(hers<u>\$HT</u>==0&hers\$statins==0)<u>+2</u>\*(hers\$HT==1&hers\$statins==0)  $\sqrt{43}$ \*(hers $\sqrt{$3$}$ HT==0&hers\$statins==1)+ $\frac{4}{3}$ \*(hers\$HT==1&hers\$statins==1) hers\$HTstat=factor(hers\$HTstat)

```
ht.fit.b=lm(LDL1~HTstat, data=hers)
summary(ht.fit.b)
```


Level 4 estimates the effect of HT=1 and statins=1 compared to HT=statins=0

Interaction for one binary and one numerical covariate

We now consider the situation where  $X_1$  is a binary predictor and  $X_2$  is numerical

As an illustration we consider the HERS data, and we will see how baseline LDL cholesterol depends on statin use ( $X_1$ ) and BMI ( $X_2$ )

$$
y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \varepsilon_i
$$

The model the second the model of the second term of the second term of the second term  $\lambda$ 

assumes that the effect of BMI is the same for statin users and those who don't use statins

It may be of interest to consider a model where the effect of BMI may differ between statin users and those who don't use statins, i.e. where there is an *interaction*

We then consider the model

$$
y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \beta_3 x_{1i} x_{2i} + \varepsilon_i
$$

Note that the model may be written

 $0 \cdot P_2 \lambda_{2i} \cdot c_i$  will  $\lambda_{1i}$  $_0$   $\cdot$   $_1$   $_1$   $\cdot$   $_1$   $_2$   $_3$   $_2$   $_1$   $_3$   $_2$   $_1$   $_3$   $_1$   $_2$   $_3$   $_1$   $_2$   $_3$   $_1$   $_2$   $_3$   $_1$   $_2$   $_3$   $_1$   $_2$   $_3$   $_1$   $_2$   $_3$   $_1$   $_2$   $_3$   $_1$   $_2$   $_3$   $_1$   $_2$   $_3$   $_1$   $_2$   $_3$  when  $x_{1i} = 0$  $(\beta_2 + \beta_3)x_{2i} + \varepsilon_i$  when  $x_{1i} = 1$  $i \cdot c_i$  with  $\lambda_{1i}$ *i*  $i \cdot c_i$  witch  $\lambda_{1i}$  $x_{2i} + \varepsilon_i$  when  $x_{1i}$ *y*  $x_{2i} + \varepsilon_i$  when  $x_{1i}$  $\beta_0 + \beta_2 x_{2i} + \varepsilon$  $\overline{\beta}_0 + \beta_1 + (\beta_2 + \beta_3)x_{2i} + \varepsilon$  $\beta_0 + \beta_2 x_{2i} + \varepsilon_i$  when  $x_{1i} =$  $=\}$  $\left(\overline{\beta}_0 + \underline{\beta}_1 + (\beta_2 + \beta_3)x_{2i} + \varepsilon_i \right)$  when  $x_{1i} =$ 

This is a model with different intercepts and different slopes for the numerical covariate depending on the value of the binary covariate

When considering such a model, it is useful to center the numeric covariate (by subtracting its mean) to ease interpretation





 $\boldsymbol{\beta}$ 

 $JML$ 

In the example, we let  $X_2$  correspond to the centered BMI-values, denoted cBMI



hers\$cBMI=hers\$BMI - mean(hers\$BMI[!is.na(hers\$BMI)]) stat.fit=lm(LDL~statins+cBMI+statins:cBMI,data=hers) summary(stat.fit)



 $\sim$   $\sqrt{ }$ 

## Interaction for two numerical covariates

We finally consider the situation where  $X_1$  and  $X_2$  are both numerical

A model with interaction is then given by

$$
y_i = \beta_0 + \underbrace{\beta_1 x_{1i}}_{\text{max}} + \underbrace{\beta_2 x_{2i}}_{\text{max}} + \underbrace{\beta_3 x_{1i} x_{2i}}_{\text{max}} + \varepsilon_i
$$

For such a model, it is useful to center the covariates.

But even then the interpretation of the estimates is a bit complicated.

## Two-way ANOVA

Consider the situation where the outcome  $y_i$  for an individual depends on two factors, A and B, each with two levels, denoted  $\mathsf{a}_\mathsf{1}, \, \mathsf{a}_\mathsf{2}$  and  $\mathsf{b}_\mathsf{1}^{\mathsf{T}}, \, \mathsf{b}_\mathsf{2}$ 

One such example is how LDL cholesterol depends on HT (with levels "placebo" and "hormone therapy") and statin use (with levels "no" and "yes"); cf. slide 16

We may here introduce the covariates:

$$
\begin{aligned}\n\mathbf{x}_{1i} &= \left\{ \frac{0}{1} \text{ if individual } i \text{ has level } \mathbf{a}_1 \text{ for factor } A \text{ (reference)} \right\} \\
\mathbf{1} & \text{ if individual } i \text{ has level } \mathbf{a}_2 \text{ for factor } A\n\end{aligned}
$$

1  $x_{2}$ 2  $\Omega$  if individ *i* has level  $b_1$  for factor B (reference)  $\mathcal{I}[\bigcap]$  1 if individ *i* has level b<sub>2</sub> for factor B *i i*  $\sqrt{2}$  $\vDash\nmid$  $\overline{\mathcal{L}}$ 

Then a regression model with interaction takes the form (cf slide 15)

$$
y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \beta_3 x_{1i} x_{2i} + \varepsilon_i
$$



A model with interaction then takes the form

$$
y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \beta_3 x_{3i} + \beta_4 x_{1i} x_{2i} + \beta_5 x_{1i} x_{3i} + \varepsilon_i \tag{*}
$$

It becomes quite complicated to write the model like this, so it is common to use an alternative formulation

We recapitulate:

$$
y_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \beta_3 x_{3i} + \beta_4 x_{1i} x_{2i} + \beta_5 x_{1i} x_{3i} + \varepsilon_i
$$
 (\*)

In order to rewrite model (\*), we denote the outcomes for level  $a_j$  of factor A and level  $b_k$  of factor B by

$$
y_{ijk} \quad \text{for} \quad i = 1, ..., n_{jk}
$$

We may then rewrite model  $(*)$  as

$$
y_{ijk} = \mu + \alpha_j + \beta_k + (\alpha \beta)_{jk} + \varepsilon_{ijk}
$$
 (\*)

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We have the following relations between the parameters in model (\*) and model (\*\*)

$$
\begin{array}{cc}\n\text{(*)} & \textcircled{f_0} & \textcircled{f_1} & \textcircled{f_2} & \textcircled{f_3} & \textcircled{f_4} \\
\text{(*)} & \mu & \alpha_2 & \beta_2 & \beta_3 & (\alpha\beta)_{22} & (\alpha\beta)_{23} \\
\hline\n\end{array}
$$

In model (\*\*) the parameters for the reference levels are 0 :

$$
\alpha_1 = \beta_1 = (\alpha \beta)_{11} = (\alpha \beta)_{12} = (\alpha \beta)_{13} = (\alpha \beta)_{21} = 0
$$

Note that the model formulation

$$
y_{ijk} = \mu + \alpha_j + \beta_k + (\alpha \beta)_{jk} + \varepsilon_{ijk}
$$
 (\*)

works equally well when factor A has *J* levels and factor  $\overline{B}$  has  $K$  levels, while the formulation (\*) would become much more complicated

In Lecture 3 (cf. slide 30), we considered a study of how the extraction rate of a certain polymer depends on temperature and the amount of catalyst used.

We there assumed a linear effect of temperature and the amount of catalyst

We will here consider temperature and catalyst as factors, each with three levels



## **R commands:**

polymer=read.table("http://www.uio.no/studier/emner/matnat/math/STK4900/v11/polymer.txt",header=T) polymer\$ftemp=factor(polymer\$temp)  $QQ$ polymer\$fcat=factor(polymer\$cat) fit=lm(rate~ftemp+fcat+ftemp:fcat,data=polymer)  $O<sub>1</sub>$ summary(fit)

## **R output:**



Residual standard error: 1.73 on 9 degrees of freedom Multiple R-squared: 0.986, Adjusted R-squared: 0.973 F-statistic: 78.78 on 8 and 9 DF, p-value: 2.012e-07

In a <u>planned experime</u>nt we can make sure that we have the same number of observations for all the *J* x *K* combinations of levels of factor A and factor B.

We then have **a** *balanced* design, and the total sum of squares (TSS) may be uniquely decomposed as a sum of squares for each of the two factors (SSA, SSB), a sum of squares for interaction (SSAB), and a residual sum of squares (RSS):

$$
TSS = SSA + SSB + SSAB + RSS
$$

To each of these sum of squares there correspond a degree of freedom as given in the ANOVA table on the next slide.

NB! If the design is not balanced, the decomposition of the total sum of squares is not unique

## The result of a two-way ANOVA may be summarized in the table



The F-statistics (with their appropriate degrees of freedom) may be used to test the following null hypotheses:

$$
H_0: \text{ all } (\alpha \beta)_{jk} = 0 \text{ (no interaction)}
$$
  

$$
H_0: \text{ all } \alpha_j = 0 \text{ (no main effect of A)}
$$
  

$$
H_0: \text{ all } \beta_k = 0 \text{ (no main effect of B)}
$$



**R commands:** anova(fit)

#### **R output:**



Analysis of Variance Table



Higher level ANOVA

Consider for illustration the situation with three factors, A, B, and C.  $y_{ijkl}$ 

Data:

 $y_{ijkl}$  = observation number *i* for level a<sub>j</sub> of factor A, level  $\mathbf{b}_k$  of factor B, and level  $\mathbf{c}_l$  of factor C

Model with interaction:

$$
\underbrace{\left(y_{ijk}\right)}_{\text{min}} = \underbrace{\mu + \alpha_j + \beta_k + \gamma_l}_{\text{min}} + \underbrace{(\alpha \beta)}_{\text{min}} + \underbrace{(\alpha \beta)}_{\text{min}} + \underbrace{(\beta \gamma)}_{\text{min}} + \underbrace{(\alpha \beta \gamma)}_{\text{min}} + \varepsilon_{\text{ijkl}}
$$

The result of a three-way ANOVA may be summarized in the table



Hypothesis testing is similar to two-way ANOVA.

volume)=03 + 1.02 height + 2 bo décreter Expected values and prediction with new covariate Example: Consider a new tree with measured diameter (and height) What is the expected volume of the tree? How certain is the estimate of the expected volume? How certain are we about the volume of the actual tree? Example: Systolic blood pressure and age What is the expected blood pressure at age 50? What is the confidence interval for this expected blood pressure? What is the level of uncertainty in blood pressure for a new patient aged 50 years?

The confidence intervals for the expected values will only depend on uncertainties in the estimated regression coefficients.

The prediction intervals for new observations also requires the individual variation!

# Confidence intervals expected values

Consider a new covariate vector  $\boldsymbol{X}^{new} = (X^{new}_1, X^{new}_2, ..., X^{new}_p)$ 

The expected outcome with this covariate is given by

$$
\mu^{new} = \beta_0 + \overline{\beta_1} x_1^{new} + \beta_2 x_2^{new} + ... + \beta_p x_p^{new}
$$

which is naturally estimated by plugging in least squares estimates:

$$
\hat{\mu}^{\text{new}} = \hat{\beta}_0 + \hat{\beta}_1 x_1^{\text{new}} + \hat{\beta}_2 x_2^{\text{new}} + \dots + \hat{\beta}_p x_p^{\text{new}}
$$

The variance of  $\hat{\mu}^{\text{new}}$  only depends on the variances of (and covariances between) the least squares parameter estimates and with standard error  $\mathcal{S}e(\hat{\mu}^{new})$  for  $\hat{\mu}^{new}$  we have that  $\mu$ 

$$
\left(\int \frac{\hat{\mu}^{\text{new}} - \mu^{\text{new}}}{se(\hat{\mu}^{\text{new}})} \left(\frac{t_{n-p-1}}{t_{n-p-1}}\right)\right)
$$

i.e. t-distributed with n-p-1 degrees of freedom and a CI of  $\; \mu^{new} \;$  is  $\mu$ 

given as

$$
\hat{\mu}^{\text{new}} + c \cdot se(\hat{\mu}^{\text{new}}) \qquad \qquad \longrightarrow \qquad \longrightarrow
$$

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# Prediction intervals for a new outcome

A new outcome with the covariate  $\mathbf{x}^{new} = (x_1^{new}, x_2^{new}, ..., x_p^{new})$  is given as where the new error term  $\widehat{\epsilon}^{\mathit{new}}$  is independent of the previous data and so of the least squares parameter estimates. But an interval for the prediction of the new outcome also needs to incorporate the random noise  $(\ell^{\mathbb{C}^m})$  and so becomes The natur<u>al po</u>int estimate (best guess) for  $\ Y^{new}$  also equals  $Y^{new} = \mu^{new} + \varepsilon^{new}$   $= \beta_0 + \beta_1 x_1^{new} + \beta_2 x_2^{new} + \dots + \beta_p x_p^{new} + \varepsilon^{new}$  $\hat{\mu}^{\text{new}}$   $\leftarrow \hat{\beta}_0 + \hat{\beta}_1 x_1^{\text{new}} + \hat{\beta}_2 x_2^{\text{new}} + ... + \hat{\beta}_p x_p^{\text{new}}$  $\hat{\mu}^{new} \pm \underline{c} \cdot \sqrt{s_{Y|x}^2 + se(\hat{\mu}^{new})^2}$ | *new*

where again the c is a percentile i the t-distribution with n-p-1 degrees of freedom.



# Example: Blood pressure and age  $3490$

## R commands:

sbpage=lm(sbp~age,data=hers.sample) age=45:80

newage=as.data.frame(age) estsbp=predict(sbpage,newage,int="conf") predsbp=predict(sbpage,newage.int="pred")

Systolic blood pressure **X** 

 $\text{Yint} = c(\text{min}(\text{predsbp}[, 2]), \text{max}(\text{predsbp}[, 3]))$ plot(age,estsbp[,1],type="l",ylim=yint, ylab="Systolic blood pressure") lines(age,estsbp[,2],lty=2) lines(age,estsbp[,3],lty=2) lines(age,predsbp[,2],lty=3) lines(age,predsbp[,3],lty=3) points(hers.sample) legend(42,186,c("Estimated","Confidence int.","Prediction int."),lty=1:3,bty="n")



age

## Example: Diameter and tree volume

