

SYKVIT4313 vår 2014

Pensum korresponderende med teori/modeller

Basis litteratur;

Lerdal, A. og Fagermoen, M.S.(red.) (2011). Læring og mestring – et helsefremmende perspektiv i praksis og forskning. Gyldendal Akademisk.

Artikler og bokkapitler:

Antonovsky

Langeland, E., Wahl, A.K., Kristoffersen, K. & Hanestad, B.R. (2007). Promoting Coping: Salutogenesis among people with mental health problems. *Issues in mental health Nursing*, 28:275-295.

Langeland, E. (2009). Betydningen av salutogen tilnærming for å fremme psykisk helse. *Sykepleien Forskning*, 4, 288-296.

Eriksson, M. & Lindstrøm, B. (2006) Antonovsky`s sens of coherence scale and the relation with health: a systematic review. *Journal of epidemiology Community health*, 60: 3676-381.

Bandura

Ashford & LeCroy, (2010), Revised by Redmond, B.F. 2012. Overview of social cognitive and self efficacy theories, tvb5131@psu.edu oct. 2012

Lorig, K.R. med flere (1999), Evidens suggesting that a chronic Disease Self management program can improve health status while Reducing hospitalization. *Medical care* 37:1, 5-14.

Lazarus og Folkman

Hubert-Williames, N.J., Morrison, V., Wilkinson, C. and Neal, R.D. (2012) Investigating the cognitive precursors of emotional respons to cancer stress: Retesting Lazarus`s transactional model. *British journal of health psychology*.

Del-Pino-Casado, R., Frias-Osuna, A. Palomina-Moral, P.A. & Pancorbo-Hidago, P.L. (2011). Coping and subjective burden in caregivers of older relatives: a quantitative systematic review. *Journal of advanced nursing* 67(11), 2311-2322.

Thomsen, T,G, Rydal-Hansen, S.&Wagner, L. (2010). A review of potential factors relevant to coping in patients with advanced cancer. *Journal of clinical nursing*, 19:23-24, pp. 3410-3426.

Lazarus, R.S., (2000) Toward a better reseach on stress and coping. *American Psychologist*.

Health Belief Model

Becker, M.H. (1974) The heath belief model and personal health behavior. Charles B. Slack, New Jersey.

van der Wal, MHL, Laarma T., Moser, D.K., van Gilst, W. H., van Veldhuisen, D.J. (2007). Unraveling the mechanisms for heart failure patient`s beliefs about compliance. *Heart & Lung* 36(4):253-61.1

Bennett, S.J., Perkins, S.M., Lane, K.A., Forthofer, M.A., Brater, D., C.&Murray,M.D (2001). Reliability and validity of the compliance belief scales among patients with heart failure. *Heart & Lung* 30(3):177-85.

Hybrid

Psykoedukativ tilnærming

Sherman, D.W., Haber, J., Hoskins, C.N., Budin, W.C, Maislin, G., Shukla, S., Cartwright-Alcarese, F., McSherry, C.B., Feubach, R., Kowalsky, M.O., Rosedale, M.&Roth, A. (2012). The effects of psychoeducation and telephone counselling on the adjustment of women with early-stage breast cancer. *Nursing Reseach* 25(1) 3-16.

Colom, F.&Lam, D. (2005) Psychoeducation: improving outcomes in bipolar disorder. *Eur Psychiatry*, 20(5-6):359-64.

Tranteoretisk tilnærming

Kapittel 8: ”Trening på resept” Transteoretisk modell i basisboken (Lerdal/Fagermoen)