MED5600 Obstetrics Skills Checklist

Labor Ward (Føden)	1	2	3	4	5	6	7	8	9	10
Measure fundal height										
Perform Leopold's maneuvers										
Assess fetal heart rate (Pinard or Doppler)										
Observe Cesarean section										
Assess cervical dilation during labor										
Assist vaginal delivery										
Assess placenta										
Assess uterine tone during delivery										
Assess uterine tone, size and consistency postpartum										
Assess postpartum hemorrhage										
Assess perineum postpartum										
Assess micturition postpartum										

Maternity Ward (Barsel)	1	2	3	4	5	6	7	8	9	10
Assess uterine tone, size and position										
Assess vaginal bleeding										
Assess micturition										
Assess perineum, episiotomy, lacerations, hematoma										
Assess Cesarean section wound										
Assess breast: dolor, calor, color, masses										
Observe breast feeding/attend breast feeding supervision										
Assess pain and need for analgesia										
Assess baby: skin color (jaundice?)										
Observe mother-child interaction										
Participate in postpartum discussion with doctor/midwife: focus on psychological reaction (risk of postpartum blues/depression)										