

HEALTH CENTER:	ADRESS/TEL.:	TIME:
BJERKE (Bjerke familiesenter)	Veitvetveien 8, Veitvet centre Tel. 23 43 95 60 or 02180 Take the T-no 5 "Vestli" to Veitvet	Weekdays 8.30 a.m
BYGDØY	Grandeveien 1 A, 0286 Oslo Tel. 22 54 06 00 Take bus 30 from outside Nasjonalteateret to Langvik. From Langvik there it's a 7 minutes' walk.	Monday and Tuesday 8.30 a.m.
BJØRNDAL	Blakkensvei 123, 1281 Oslo Tel. 23 49 64 10 Take the T – no 3 "Mortensrud", corresponding with bus 71 to Bjørndal, get off at "Blakkens vei".	Tuesday and Wednesday 8.30 a.m.
FROGNER	Sommerogaten 1, 0201 Oslo Tel.23 42 52 15 At Solli plass, The same building as "Vestkantbadet", Tram no 12 "Majorstuen" or no 13 "Jar" to Solli plass, different buses	
FURUHUSET (Furuhuset-familiehuset)	Ulsholtveien 31, 1053 Oslo Tel. 22 32 10 60 Take the T – no 1 or 2 "Ellingsrud" to Furuset station, follow the sign "Furuhuset-familiehuset", bus 79 and 25 stop at Furuset, or the "Lillestrøm" train to Grorud, about 15.min. to walk Look at the enclosed map	Tuesday and Wednesday 8.00 a.m.
FYRSTIKKTORGET	Karoline Kristiansensvei 6, 0661 Oslo Tel. 23 43 19 20 Take the T – no 1,2,3 or 4 to «Helsfyr», 5 min. to go to Fyrstikktorget, or bus to Helsfyr bus station.	Tuesday and Wednesday 8.15 a.m.
GRORUD	Bergensveien 4 B, 0963 Oslo Tel. 23 42 19 51 Take the T- no 5 "Vestli" to Grorud Mailundveien 23, 0569 Oslo	Weekdays 08.00 a.m.
GRÛNERLØKKA	Tel. 23 42 35 80 Take the T – To Carl Berner or Sinsen Bus 31 or tram to Rosenhoff station	Monday to Thursday 8.00 a.m.

GRØNLAND	Grønland 30, 0188 Oslo Tel. 23 43 12 50 Take the T-(all eastbound lines) to Grønland	Weekdays 8.15 a.m.
HOLMLIA	Holmlia sentervei 9, Holmlia Center, 5 etg. Tel. 23 49 64 20 Take the train L2 towards Ski or L22 towards Mysen to Holmlia. About 1 minute to walk to Holmlia Center.	Mondays and Wednesday 8.30 a.m.
KARLSRUD	Raschs vei 38, 1155 Oslo Tel. 23 49 50 60 Take the T-no 4 "Bergkrystallen" to Karlsrud. From Karlsrud it's a 2 minutes' walk to Raschs vei 38.	Weekdays 8.00 a.m.
KLEMETSRUD	Mortensrudveien 185, 1283 Oslo, 3 etg. Tel. 23 49 69 00 Take the train L2 towards Ski to Hauketo. About 19 minutes to walk or take the T – "Mortensrud" line 3 to Mortensrud. About 15 minutes to walk.	Tuesday and Wednesday 8.30 a.m.
LAMBERTSETER	Cecilie Thoresens vei 7 d, 1153 Oslo Tel. 23 49 54 20 Take the T-no 4 "Bergkrystallen" to Karlsrud. From Karlsrud it's a 5 minutes' walk to Cecilie Thoresens vei 7 d.	Weekdays 8.00 a.m.
NYDALEN	Nydalsveien 21, 0403 Oslo Tel. 23 47 07 00 Take the T-no 3, 4 or 6 to Nydalen. From Nydalen it's a 3 minutes' walk to Nydalsveien 21.	Weekdays 8.00 a.m.
SAGENE	Sandakerveien 33 C, 0477 Oslo Contact person: Henning Mørland Tel. 23 47 40 72/ 41 46 43 85 Take the bus no. 54 from Nationalteateret (I Stortingsgata) towards Kjelsås stasjon to Arendalsgata. From Arendalsgata it's a 3 minutes' walk to Sandakerveien 33 C. You can also take the tram no 13 towards Storo-Grefsen station to Vogts gate and walk for about 4 minutes to Sandakerveien 33 C.	Monday Tuesday Wednesday Thursday 8.00 a.m. meeting 8.20 a.m. first patient

ST.HANSHAUGEN	Akersbakken 27, 0172 Oslo Tel. 23 47 53 05 Entrance at the corner Akersbakken/Bergstien Bus 37 "Kjelsås - Helsefyr", or tram 17 or 18 to Holbergs plass	Weekdays 8.00 a.m.
STOVNER	Karl Fossumsvei 1, 0984 Oslo Tel. 23 47 18 00 Take the T – no 5 "Vestli" to Stovner, cross the walking bridge from the Center to the policestation, go to the left by the block- house " Tante Ulrikkesvei", the Health Center looks like a big barn	Weekdays 8.00 a.m.
ULLERN	Hoffsveien 48, 0377 Oslo Tel. 950 10 766 Take the T – no 2 "Gjøannes" or T-no 5 "Østerås" to Smestad. About 11 minutes to walk.	Tuesday to Thursday 8.00 a.m.
VESTRE AKER	Sørkedalsveien 150 B, 0754 Oslo Tel. 23 47 62 20 Take the T – no 5 "Østerås" to Hovseter. About 8 minutes to walk.	Weekdays 8.15 a.m.
ØSTENSJØ	Stallerudveien 97, 0693 Oslo Bogerud Senter Tel. 23 47 82 50 Take the T – "Mortensrud" line 3 to Bogerud	Weekdays 8.30 a.m.