

<b>HEALTH CENTER:</b>	<b>ADRESS/TEL.:</b>	<b>TIME:</b>
<b>ALNA</b> (Furuset)	Trygve Lies plass 1, Furuset Center, entrance A, 3.and 4. Floor Tlf: 23 47 99 00 Take the T-no 2 "Ellingsrudsåsen" to Furuset	Weekdays 08.00 a.m
<b>BJERKE</b>	Veitvetveien 8, Veitvet Center Tel. 23 43 95 60 Take the T-no 5 "Vestli" to Veitvet	Wednesday s 08.45 a.m Thursdays 08.30 a.m.
<b>FROGNER</b>	Sommerogaten 1, 0201 Oslo Tel.23 42 52 15 At Solli plass, The same building as "Vestkantbadet", Tram no 12 "Majorstuen" or no 13 "Jar" to Solli plass. There are also a number of buses you can take.	Weekdays 08.00
<b>FYRSTIKKTORGET</b> (bydel gamle oslo)	Karoline Kristiansensvei 6, 0661 Oslo Tel. 23 43 19 20 Take the T – no 1,2,3 or 4 to «Helsfyr», 5 min. to go to Fyrstikktorget, or bus to Helsfyr bus station.	Weekdays 08.15 a.m.
<b>GRORUD</b>	Bergensveien 4 B, 0963 Oslo Tel. 23 42 19 51 Take the T- no 5 "Vestli" to Grorud	Thursdays 09.00 am. Otherwise 08.00 a.m.
<b>GRÛNERLÛKKA</b>	Mailundveien 23, 0569 Oslo Tel. 23 42 35 80 Take the T – To Carl Berner or Sinsen Bus 31 or tram to Rosenhoff station	Weekdays 8.00 a.m.
<b>GRÛNLAND</b> (bydel gamle oslo)	Grønland 30, 0188 Oslo Tel. 23 43 12 50 Take the T-(all eastbound lines) to Grønland	Weekdays 8.15 a.m.
<b>HOLMLIA</b> (bydel Søndre Nordstrand)	Holmlia sentervei 9, Holmlia Center, 5 etg. Tel. 23 49 64 20 Take the train L2 towards Ski or L22 towards Mysen to Holmlia. About 1 minute to walk to Holmlia Center. (Holmlia health center is not to be confused with Søndre Nordstrand health station which is located in the same center)	Weekdays 08.00 a.m

<b>KARLSRUD</b> (bydel Nordstrand)	Raschs vei 38, 1155 Oslo Tel. 23 49 50 60 Take the T-no 4 "Bergkrystallen" to Karlsrud. From Karlsrud it's a 2 minutes' walk to Raschs vei 38.	Weekdays 8.00 a.m.
<b>LAMBERTSETER</b> (bydel Nordstrand)	Cecilie Thoresens vei 7 d, 1153 Oslo Tel. 23 49 54 20 Take the T-no 4 "Bergkrystallen" to Karlsrud. From Karlsrud it's a 5 minutes' walk to Cecilie Thoresens vei 7 d.	Weekdays 8.00 a.m.
<b>NYDALEN</b> (bydel Nordre Aker)	Nydalsveien 21, 0403 Oslo Tel. 23 47 07 00 Take the T-no 3, 4 or 6 to Nydalen. From Nydalen it's a 3 minutes' walk to Nydalsveien 21.	Weekdays 8.30 a.m.
<b>SAGENE</b>	Sandakerveien 33 C, 0477 Oslo Contact person: Henning Mørland Tel. 23 47 40 72/ 41 46 43 85 Take the bus no. 54 from Nationalteateret (I Stortingsgata) towards Kjelsås stasjon to Arendalsgata. From Arendalsgata it's a 3 minutes' walk to Sandakerveien 33 C. You can also take the tram no 13 towards Storo-Grefsen station to Vogts gate and walk for about 4 minutes to Sandakerveien 33 C.	Weekdays 08.10 a.m.
<b>ST.HANSHAUGEN</b>	Akersbakken 27, 0172 Oslo Tel. 23 47 53 05 Entrance at the corner Akersbakken/Bergstien Bus 37 "Kjelsås - Helsefyrt", or tram 17 or 18 to Holbergs plass	Weekdays 8.00 a.m.
<b>STOVNER</b>	Karl Fossumsvei 1, 0984 Oslo Tel. 23 47 18 00 Take the T – no 5 "Vestli" to Stovner, cross the walking bridge from the Center to the policestation, go to the left by the block-house " Tante Ulrikkesvei", the Health Center looks like a big barn	Weekdays 8.00 a.m.

<b>SØNDRE NORDSTRAND</b>	Holmlia senter vei 16, Holmlia Center, Ground floor (next to the library). Tlf: 23 49 72 15 (Not to be confused with Holmlia health station which is located in the same center)	Weekdays 08.00 a.m
<b>ULLERN</b>	Hoffsveien 48, 0377 Oslo Tel. 950 10 766 Take the T – no 2 “Gjøannes” or T-no 5 “Østerås” to Smestad. About 11 minutes to walk.	Weekdays 8.00 a.m.
<b>VESTRE AKER</b>	Sørkedalsveien 150 B, 0754 Oslo Tel. 23 47 62 20 Take the T – no 5 “Østerås” to Hovseter. About 8 minutes to walk.	Weekdays 8.15 a.m.
<b>ØSTENSJØ</b>	Stallerudveien 97, 0693 Oslo Bogerud Senter Tel. 23 47 82 50 Take the T – “Mortensrud” line 3 to Bogerud	Weekdays 8.30 a.m.