

# **Handbook**

## **ERN4323/MAES4530**

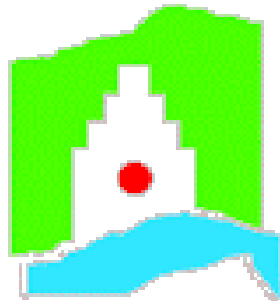
**Spring 2011**

*Nutrition and Human Rights*

**Study Programme in  
Nutrition Department of  
Nutrition  
Faculty of Medicine  
University of Oslo**



*N*  
**Norwegian Centre for Human  
Rights  
Faculty of Law  
University of Oslo**



**Master in  
Food, Nutrition and Health  
Akershus University College  
Lillestrøm**

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## **1. Introduction**

This elective master level course ‘**Nutrition and Human Rights**’ takes place in the spring semester, starting Wednesday 27 April 2011 and lasts for 6 weeks. The 10 study points course finishes with a written exam on Friday 3<sup>rd</sup> June 2011. Assessment is by grades A-F (F= fail).

The University of Oslo and the Akershus University College welcome all registered students. This year, we are pleased to also welcome the first students enrolled in a Masters program in nutrition and human rights, sponsored by NOMA (NORAD’s Programme for Master Studies). The programme is a collaborative venture between Stellenbosch University (South Africa), Makerere University (Uganda), University of Oslo and Akershus University College. For the students enrolled in the NOMA course (9 from Africa and 2 from Norway), the present course forms the first of three units in an introductory module called “Nutrition, Human Rights and Governance”. Two subsequent units will follow at Stellenbosch University and Makerere University in June-August 2011.

### **Rationale**

Over the last years a human rights approach to economic and social development has gained increasing interest and support in addressing and fighting hunger and malnutrition. The obligations of states inherent in this approach can strengthen the efforts towards food and nutrition security and nutritional well-being for all. It breaks with conventional and often charity based approaches, and recognises that people have a human right to adequate food. This was laid down in the Universal Declaration of Human Rights (UDHR) adopted by the UN in 1948.

From a human rights perspective, hungry or malnourished people are not to be seen as passive recipients, but, as rights holders and as active claimants of their right to food. At the same time they themselves have duties to make optimal use of the resources available to them so that they can cater for themselves and for their dependants. This can however only happen when they have access to the necessary resources and opportunities for doing so.

The UDHR was followed by binding international human rights conventions, both on civil and political rights and on economic and social rights, of which the Covenant on Economic, Social and Cultural Rights (CESCR, 1966), the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW, 1979), and the Convention on the Rights of the Child (CRC, 1989) are those most pertinent to a human rights based approach to food and nutrition. The operationalisation of the economic, social and cultural rights has been slower than in the case of civil and political rights. The historical background for this will be reviewed in the course.

At the same token, over the last decade important conceptual and methodological advances have been made giving the right to adequate food a clearer and more precise interpretation and meaning, and guidelines for monitoring the right to food in local, national and international contexts have been developed. The course will reflect these important advancements.

### **Course content**

The course provides an overview of the right to adequate food in the context of the promotion and protection of the international human rights. The course focuses

especially on the relevance of human rights for food security and nutritional health. It addresses the meaning of a rights-based approach to analysis, and practical implications this may have for national public policy and international development efforts, and addresses governance dimensions of the right to food discourse.

The course further discusses the relationships between right-holders and duty-bearers, and especially obligations of the State in respecting, protecting and fulfilling the right to adequate food and nutritional health for all. The opportunities, constraints and future challenges to applying a rights-based approach to food and nutrition in development in contemporary globalisation will be discussed, and how this can be translated into action in selected countries, and by international institutions.

## Objectives

After the course, the participants should be able to:

Part	Learning objectives
<b>Part 1. Historical background and conceptual and institutional basis</b>	1.1 Describe the historical development of <ul style="list-style-type: none"> <li>• the international human rights system</li> <li>• the right to food “movement”;</li> </ul> 1.2 Explain key concepts and principles in human rights thinking and practice; 1.3 Describe the key international human rights instruments relevant to economic, social and cultural rights and especially those pertaining to food, nutrition and health; 1.4 Describe the main international institutions/organizations working with the right to adequate food
<b>Part 2. The right to adequate food and nutritional health</b>	2.1 Describe the content of the right to adequate food and nutritional health and corresponding obligations of the state in promoting and protecting such rights; 2.2 Discuss the role and responsibilities of non-state actors (civil society; international organizations; private sector) in promoting and protecting the right to adequate food; 2.3 Describe important international tools for implementing the right to adequate food, including General Comments and guidelines; 2.4 Discuss the value-added of a human rights based approach to assessment, analysis and action, nationally and internationally.
<b>Part 3. The structure and function of the international human rights system</b>	3.1 Describe the functions of the international human rights institutions to promote and protect human rights, in particular those related to economic, social and cultural rights (ESCR); 3.2 Describe important international mechanisms and procedures in the promotion and protection of ESCR.
<b>Part 4. The politics of human rights</b>	4.1 Discuss the right to food in a globalizing world: Globalization of the economy vs. universalization of human rights; Climate change and food insecurity 4.2 Describe links between good/democratic governance and the right to food; 4.3 Discuss human rights dimensions of the Millennium Declaration and Millennium Development Goals.
<b>Part 5. Implementation of the human right to adequate food and related rights</b>	5.1 Describe the approaches of selected international development agencies (especially FAO) and non-profit organizations (NGO) dealing with food and nutrition from a rights perspective; 5.2 Identify critical issues for the implementation of the right to adequate food in a national context, including requirements to

	<p>monitoring and evaluation (M&amp;E);</p> <p>5.3 Exemplify country situations, particular groups and specific themes where application of a rights perspectives to adequate food have been applied;</p> <p>5.4 'Capacity' as a critical factor in addressing human rights too food and nutritional health in development</p>
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### 3. Forms of study and learning

Students are responsible for achieving the learning objectives outlined, and are expected to participate actively during the course and contribute to its success. A variety of tools are being used:

Lectures with subsequent discussions; self study; group work; daily retrospective summary of previous session; interactive exchange among students and between students and resource persons, including systematic clarification of key concepts; oral presentations by students; study visits to relevant institutions.

It is expected that students meet at the sessions scheduled. Absence from sessions beyond a total of one week (three sessions) may lead to exemption from taking the exam.

### 4. Resource persons

*Course Coordinator:*

**Bård A. Andreassen (BAA)**

Professor  
 Norwegian Centre for Human Rights,  
 University of Oslo (UiO)  
 Cort Adelers gt 30  
 Tel. 22 84 20 03  
 E-mail: [b.a.andreassen@nchr.uio.no](mailto:b.a.andreassen@nchr.uio.no)

*Other Lecturers:*

**Wenche Barth Eide**

Associate Professor (em.)  
 Department of Nutrition, UiO  
 (Room 3139)  
 Tel: 22 85 13 75  
 E-mail: [wbeide@medisin.uio.no](mailto:wbeide@medisin.uio.no)

**Arne Oshaug (AO),**

Professor  
 Akershus University College (AUC)  
 (Room C332)  
 Tel: 64 84 91 93  
 E-mail: [arne.oshaug@hiak.no](mailto:arne.oshaug@hiak.no)

**Asbjørn Eide**

Senior Fellow & former Director,  
 Norwegian Centre for Human Rights  
 University of Oslo (UiO)

Cort Adelers gt 30  
Tel. 22 84 20 04  
E-mail: [asbjorn.eide@nchr.uio.no](mailto:asbjorn.eide@nchr.uio.no)

*Other lecturers:* to be announced.

Administrative personnel, responsible for master studies (to be consulted for questions on practical matters concerning the exam, registration, etc.):

**Alieu S. K. Cham**  
Senior Executive Officer  
Department of Nutrition  
Tel. 22 85 13 56  
(Room 2200)  
E-mail: [a.s.cham@medisin.uio.no](mailto:a.s.cham@medisin.uio.no)

**Helene Jeber**  
Head of the Master Study in Food, Nutrition and Health  
Akershus University College  
(Room C325)  
Tel: 64 84 92 71, mobile: 99 70 03 29  
E-mail: [Helene.Jeber@hiak.no](mailto:Helene.Jeber@hiak.no)

## 5. Practical information

### Structure of sessions

The sessions are normally scheduled for 3 academic hours, with breaks after approx. 45 minutes.

### How to find and receive information

Instructions on how to use the StudentWeb at the UiO can be found at:  
<http://www.uio.no/studier/emner/medisin/nutri/ERN4323/>

For students at Akershus University College, see special information at their website  
<http://www.hiak.no/>

In order to be included in the e-mail list for this course and to receive information that will be sent to the students, it is important that ALL students register and receive a student email address in the Department of Nutrition, if you have not already done so, or ensure that they provide their AUC or private address. For the first option this is done in the Information Centre, 1<sup>st</sup> floor, Domus Medica, through Silje Rosseland who is the responsible for IT matters.

We recommend that all students read their e-mails regularly, as this is the main information channel from the coordinators and other resource persons. (Classfronter is not used in this course for the time being.)

Other addresses:

Student IT in the medical faculty: <http://www.med.uio.no/medfak/it/student/>  
Student IT in the University of Oslo: <http://www.usit.uio.no/it/student/>

There is a lot of useful information for anyone spending time as a student at UiO in Domus Medica at: <http://www.med.uio.no/imb/studier/faq.html>

For AUC registered students: <http://www.hiak.no/studentsider/index.shtml>

### **Semester fee, course registration etc**

The deadline for semester registration and payment of semester fee to the UiO is 1st of February 2009. Students who want to register later please contact Alieu S. Cham.

AUC students have to register within the AUC system. Information on semester fee, how it should be paid and the deadline for payment can be obtained from the admissions office of AUC. See the following link for information on how to reach the admissions office:

<http://www.hiak.no/hovedside/topplink/kontakt.shtml>

The final examination is scheduled to take place at The Department of Nutrition, UiO. To be eligible to take exams, one has to pay the semester fee and sign up for the course within the deadline.

Students who have already paid semester fee at the AUC do not have to do so again at the UiO. A receipt of payment has to be submitted to the Senior Executive Officer at the Department of Nutrition in order to be exempted. User guide for StudentWeb is found at: <http://www.uio.no/studier/studentweb/hjelp/index.html>

### **Exam**

4 hours written exam. Date: 3 June 2011. Time: 9am (to 1 pm).

## **6. Time and place**

*Classes* are held from 13:15-16 in as follows:

- Seminar Room 354, Domus Nova (university area down town, not at Blindern, Address: Domus Nova, St. Olavs plass. Entrance from Pilestredet.) on the following dates: 27-29/4; 3-5/5 and 10-12/5
- Seminar Rom 360, Domus Nova, on these dates: 18-20/5
- Seminar room, 2<sup>nd</sup> floor, Norwegian Centre for Human Right, Cort Adlers gt 30 on these dates: 25-26/5.

*The exam* is administered by and will be held at the Department of Nutrition, University of Oslo, which is located in Domus Medica (building for pre-clinical medicine) at Gaustad Room to be announced later.



## Time schedule - ERN 4323 Nutrition and Human Rights

Sessions are normally held Tuesday, Wednesday and Thursday from 13.15-16.00, with the exception of the opening week which starts on Wednesday and ends on Friday. See place and address for the venues above.

The time schedule is subject to possible changes in consultation with the participants.

<b>Mon 25 April</b>	<b>Tues 26 April</b>	<p><b>Wed 27 April</b></p> <p>Opening: Information about the course, time schedule literature, other.</p> <p><b>Obj. 1.2</b> <i>Key concepts and principles in human rights thinking and practice;</i></p> <p><b>Obj. 4.2</b> <i>Describe/discuss links between good/democratic governance and the right to food</i></p> <p>(Lecturers: BAA and AO)</p> <p><b>Literature:</b> World Health Organisation 2002 Burgenthal, ch 2</p>	<p><b>Thurs 28 April</b></p> <p><b>Obj. 1.1</b> <i>The historical development of the international human rights system</i></p> <p>(Lecturer: AE)</p> <p><b>Literature:</b> United Nations 1945 United Nations 1948 Eide in Eide, Krause and Rosas, 2001</p> <p><b>Recommended literature:</b> Burgenthal et al, 2009, ch 1</p>	<p><b>Fri 29 April</b></p> <p><b>Obj. 1.4</b> <i>Key international human rights instruments</i></p> <p><b>Obj. 1.5</b> <i>International human rights institutions and organizations working with rights relevant to the right to adequate food</i></p> <p>(BAA and AO)</p> <p><b>Literature:</b> Andreassen and Marks, 2010 Andreassen in Barth Eide and Kracht, 2007 Burgenthal, ch 5 Scheinin, 2001 Way, 2005</p>
<b>Mon 02 May</b>	<p><b>Tue 03 May</b></p> <p>Q&amp;A, key concepts, discussion</p> <p>Continued from Thursday 30 April:</p> <p><b>Obj. 1.4</b> <i>Key international human rights instruments</i></p> <p><b>Obj. 1.5</b> <i>International human rights institutions</i></p> <p><b>Obj. 3.1</b> <i>International mechanisms and</i></p>	<p><b>Wed 04 May</b></p> <p>Q&amp;A, key concepts, discussion</p> <p><b>Obj. 3</b> <i>The right to adequate food and nutritional health</i></p> <p><b>2.1</b> <i>Content of right</i></p> <p><b>2.3</b> <i>Nature and categories of obligations</i></p> <p>(AO)</p> <p><b>Literature:</b></p>	<p><b>Thurs 05 May</b></p> <p>Q&amp;A, key concepts, discussion</p> <p><b>Obj. 2.1/2.3</b> cont'd</p> <p><b>Obj. 5.2</b> <i>Critical issues in assessment. Monitoring and evaluation</i></p> <p>(AO)</p> <p><b>Literature:</b></p>	<b>Fri 06 May</b>

	<p><i>procedures</i> <b>Obj. 3.2</b> <i>The work of the UN Convention Committees</i></p> <p><i>Hand out of case study for discussion on May 11</i></p> <p>(BAA)</p> <p><b>Literature:</b></p> <p>Andreassen and Marks 2010</p> <p>Andreassen 2010</p> <p>Andreassen in Barth Eide and Kracht 2007</p> <p>Scheinin, 2001</p> <p>Stavenhagen 2001</p> <p><b>Recommended literature:</b></p> <p>Burgenthal et al, 2009, ch 1, 2 III-VI, 3, 4, 5.</p>	<p>Barth Eide and Kracht, ch 4 in Barth Eide and Kracht, 2005</p> <p>Vidar, Ch.6 in Barth Eide and Kracht, 2005</p> <p>FAO, 1998</p> <p>SCN, 1999</p> <p>Oshaug, Eide and Barth Eide, 1994</p> <p>United Nations 1999, (General Comment 12)</p>	<p>Oshaug, ch 16 in Barth Eide and Kracht, 2007</p>	
<b>Mon 09 May</b>	<p><b>Tues 10 May</b></p> <p>Q&amp;A, key concepts, discussion</p> <p><b>Obj. 2.4</b> <i>Implementation of the human right to adequate food and nutritional health at national level</i></p> <p>(AO)</p> <p><b>Literature:</b></p> <p>Omara Ch 7 in Barth Eide and Kracht, 2007</p> <p>Valente Ch 8 in Barth Eide and Kracht, 2007</p> <p>Gonsalves Ch 9 in Barth Eide and Kracht, 2007</p> <p>Windfuhr Ch 13</p>	<p><b>Wed 11 May</b></p> <p>Q&amp;A, key concepts, discussion</p> <p><b>Objectives:</b> All objectives may apply</p> <p>Presentation and discussion of Case (cf hand out May 3)</p> <p>(AO and BAA)</p>	<p><b>Thurs 12 May</b></p> <p>Q&amp;A, key concepts, discussion</p> <p><b>Obj. 4.1</b> Discuss the right to food in a globalising world: Globalisation of the economy vs. universalisation of human rights; Climate change and food insecurity</p> <p><b>Obj. 4.3</b> Discuss human rights dimensions of the Millennium Declaration;</p> <p>(BAA and AO)</p> <p><b>Litterature:</b></p> <p>Andreassen, 2010</p> <p>Eide, 2002</p>	<b>Fri 14 May</b>

	in Barth Eide and Kracht, 2007		Osmani, 2010 Humphreys, 2010	
<b>Mon 16 May</b>	<b>Tue 17 May</b>  <b>Constitution day</b>  <b>Holiday</b>	<b>Wed 18 May</b>  Q&A, key concepts, discussion  <b>Obj. 5.4</b> <i>'Capacity' as a critical factor in addressing human rights too food and nutritional health in development</i>  (WBE)  <b>Literature:</b>  Sabatini, 2005  Engesveen, 2005  Barth Eide Ch 19 in Barth Eide and Kracht, 2007  Andresen, Wandel, Barth Eide, Herselman and Iversen, 2009	<b>Thurs 19 May</b>  Q&A, key concepts, discussion  <b>Obj. 5</b> <i>The right to food in a globalising world: globalisation of the economy vs. universalisation of human rights</i>  (Lecturer tbc)  <b>Literature:</b>  Marchione, 1996  Eide, 2002	<b>Fri 20 May</b>  Summing up and recap of learning objectives and Q&A  (BAA, AO)
<b>Mon 23 May</b>	<b>Tues 24 May</b>  Q&A, key concepts, discussion  <b>Obj. 5.3</b> <i>Vulnerable groups - A special case: Indigenous peoples and the Right to Food</i>  (Lecturer tbc)  <b>Literature:</b>  Damman, 2007	<b>Wed 25 May</b>  Country experiences Lecturer: Tbc	<b>Thurs 26 May</b>  Country experiences (open agenda, to be confirmed)	<b>Fri 27 June</b>
<b>Mon 30 May</b>	<b>Tues 31 May</b>	<b>Wed 01 June</b>	<b>Thurs 2 June</b>  <b>Ascension Day</b>  <b>Public Holiday</b>	<b>Fri 3 June</b>  <b>Exam (4 hrs)</b>

## **7. Course evaluation**

Evaluation of the course by the participants is considered important for its continuing improvement and is therefore obligatory. Evaluation forms will be handed out in the beginning of the last week and should be filled in and delivered to the exam supervisors in the morning of the exam day. Those who fail to do so must fill in the form before leaving the exam room. The evaluation is anonymous.

# LITERATURE

## Introductory reading (obligatory)

These introductory readings will not be made available to students in a compendium. They are all available online.

WHO (2002) 25 Questions on Health and Human Rights. **World Health Organisation** Health and Human Rights Publication Series, Issue No. 1. Available online at <http://www.who.int/hhr/activities/publications/en/>

In total 36 pages.

FAO (1998) The Right to Food in Theory and Practice. Legal Office, UN Food and Agriculture Organization of the United Nations, Rome. Available online at <http://www.fao.org/Legal/rtf/bkl.htm>

In total 53 pages.

SCN (1999) SCN News No.18: Adequate Food: A Human Right. [CONTAINS REPORTS FROM AN IMPORTANT MILESTONE IN THE RIGHT TO FOOD “MOVEMENT”.] UN System Standing Committee on Nutrition, Geneva. Available online at <http://www.unsystem.org/SCN/Publications/html/scnnews.html>

In total 110 pages.

## Core readings (obligatory)

### *Part 1 - Main books*

**In: Andreassen, B. A. and Marks, S. P. (eds.):** Development As a Human Right: Legal, Political, and Economic Dimensions. Antwerp: Intersentia, 2010 (2<sup>nd</sup> edition). Chapters 1, 7 and 12:

- **Andreassen, B. A. and S. P. Marks.** “Introduction. pp. vii-xxii. 16 pp.
- **Andreassen, B. A.** Development and the Human Rights Responsibilities of Non-State Actors. Chapter 7, pp. 119-140. 22 pp.
- **Osmani, S.,** ch. 12.

In total 68 pages.

**Burgenthal, Thomas, Dinah Shelton and David P. Stewart.** *International Human Rights in a Nutshell*. St. Paul, Minn.: West Publ., 4<sup>th</sup> edition, 2009. Chapters 2 and 5.

In total 166 pp.

**Eide, Wenche Barth and Kracht, Uwe (eds.)** *Food and Human Rights in Development. Volume I: Legal and Institutional Dimensions and Specific Issues*. Antwerp: Intersentia, 2005. Chapters 4, 6, 9 and 10:

- **Eide, W.B. and Kracht, U.** The Right to Adequate Food in Human Rights Instruments: Legal Norms and Interpretations. Chapter 4, pp. 99-118. [this

chapter goes through the important human rights instruments and also presents the highlights of general comment 12] 20 pp.

- **Vidar, M.** The Interrelationship Between the Right to Food and Other Human Rights. Chapter 6, pp. 141-162. 22 pp.
- **Way, S.A.** (2005) The Role of the UN Human Rights Bodies in Promoting and Protecting the Right to Food. Chapter 9, pp.205-228. [Useful overview that helps you distinguish between commission, committees, covenants/conventions etc.] 24 pp.
- **Sabatini, F. (2005)** Programming with a Human Rights Approach: A UNICEF Experience in Operational Practice. Chapter 10, pp. 229-258. 30 pp.

In total approx. 96 pages.

**Eide, Wenche Barth and Kracht, Uwe (eds.)** *Food and Human Rights in Development. Volume II: Legal and Institutional Dimensions and Specific Issues.* Antwerp: Intersentia, 2007.

Chapter 1 Yves Berthelot  
Chapter 4 Bård A. Andreassen  
Chapter 7 J.M. Omara  
Chapter 8 Flavio Valente  
Chapter 9 Colin Gonsalves  
Chapter 13 Michael Windfuhr  
Chapter 16 Arne Oshaug  
Chapter 19 Wenche Barth Eide

In total approx. 200 pages

**Eide, A., Krause, C. and Rosas, A. (eds.)** *Economic, Social and Cultural Rights. A Textbook. Second Revised Edition.* Doordrecht: Martinus Nijhoff Publishers, 2001. Chapters 1,2,3 and 5:

- **Eide, A.** Economic, social and cultural rights as human rights. pp. 3-8.
- **Eide, A. and Rosas, A.** Economic, social and cultural rights: a universal challenge. pp.9-28.
- **Scheinin, M.** Economic, Social and Cultural Rights as Legal Rights. pp 29-54.
- **Stavenhagen, R.** Cultural Rights: A Social Science Perspective. pp. 85-110.

In total approx. 78 pages.

## ***Part 2 - Selected articles***

These articles will be made available to students in a compendium (except where otherwise noted).

**Damman, Siri** (2007): "Indigenous Vulnerability and the process Towards the Millennium Development Goals: Will a Human Rights Based Approach Help?" in *International Journal of Minority Rights* 14 2007, pp. 489-539.

18 pages

**Eide, A.** (2002) Making Human Rights Universal in the Age of Globalisation. In: Sabine von Schorlemer, ed.: Praxihandbuch UNO, Springer Verlag, pp. 241-263.

23 pages.

**Humphreys, Stephen** (2010). “Competing claims: human rights and climate harms” in Stephen Humphreys (ed) *Human Rights and Climate Change*. Cambridge: Cambridge university press, 2010, pp. 37-69.

32 pages.

**Marchione, T.J.** (1996) The right to food in the post-Cold War era. *Food Policy* 21(1), pp. 83-102 (C)

20 pages.

**Oshaug, Arne, Wenche Barth Eide and Asbjørn Eide** (1994) Human rights: a normative basis for food and nutrition-relevant policies, *Food Policy* 19(6), pp. 491-516.

26 pages.

**Engesveen, Kaia** (2005) Role and capacity analysis of responsible actors in relation to breastfeeding in the Maldives. *SCN News* No 30:56-59

4 pages. **Hand out.**

**Andresen, Ellen Cecilie; Wandel, Margareta; Barth Eide, Wenche; Herselman, Marietjie and Iversen, Per Ole** (2009) Delivery of the Nutrition Supplementation Programme in the Cape Town metropolitan area from the perspective of mothers of under-5s: A qualitative study. *South African J. Child Health* 3(3): 90-95

6 pages. **Hand out.**

### ***Part 3 – Core Human Rights Instruments for this course***

**United Nations** (1945) Charter of the United Nations (Introduction, Preamble, Chapter 1, Chapter IX) <http://www.unhchr.ch/html/menu3/b/ch-cont.htm>

**United Nations** (1948) Universal Declaration of Human Rights. <http://www.unhchr.ch/udhr/lang/eng.htm>

**United Nations** (1999) General Comment No.12 on the Right to adequate food <http://www.unhchr.ch/tbs/doc.nsf/MasterFrameView/3d02758c707031d58025677f003b73b9?Opendocument>

Total pages for **Part 3**: approx. 25

**Total pages obligatory reading: 958 pages**

## Technical documents

Course participants should have knowledge of the technical documents listed here, and they will be referred to during lectures, but knowledge of content details is not required. Guidance will be given during sessions regarding especially important parts. These documents will not be printed in the course compendia

### **Core Human Rights Instruments**

These core instruments will be made available to students in a compendium.

**United Nations** (1966) International Covenant on Economic, Social and Cultural Rights.

[http://www.unhchr.ch/html/menu3/b/a\\_ceschr.htm](http://www.unhchr.ch/html/menu3/b/a_ceschr.htm)

**United Nations** (1989) Convention on the Rights of the Child.

<http://www.unhchr.ch/html/menu3/b/k2crc.htm>

### **Other Important Human Rights Instruments**

**United Nations** (1966) International Covenant on Civil and Political Rights

[http://www.unhchr.ch/html/menu3/b/a\\_ccpr.htm](http://www.unhchr.ch/html/menu3/b/a_ccpr.htm)

**United Nations** (1979) Convention on the Elimination of all forms of Discrimination Against Women.

<http://www.unhchr.ch/html/menu3/b/e1cedaw.htm>

**United Nations** (1986) Declaration on the Right to Development.

<http://www.unhchr.ch/html/menu3/b/74.htm>

**International Labour Organization** (1989) Convention concerning Indigenous and Tribal Peoples in Independent Countries (C169)

<http://ilolex.ilo.ch:1567/scripts/convde.pl?query=C169&query0=C169&submit=Display>

This convention text is recommended as background material for Siri Damman's lecture.

### **General comments**

**United Nations** (2000) General Comment No.14 on the Right to the Highest Attainable Standard of Health.

[http://www.unhchr.ch/tbs/doc.nsf/\(symbol\)/E.C.12.2000.4.En?OpenDocument](http://www.unhchr.ch/tbs/doc.nsf/(symbol)/E.C.12.2000.4.En?OpenDocument)

**United Nations** (2002) General Comment No.15 on the Right to Water.

[http://www.unhchr.ch/tbs/doc.nsf/\(Symbol\)/E.C.12.2002.11.En?OpenDocument](http://www.unhchr.ch/tbs/doc.nsf/(Symbol)/E.C.12.2002.11.En?OpenDocument)

**United Nations High Commissioner for Human Rights (UNHCHR)** (2000).

Business and Human Rights: A Progress Report.

<http://www.unhchr.ch/business.htm>

**United Nations Development Programme (UNDP)** (1998) Integrating human rights with sustainable human development. UNDP policy document.

<http://magnet.undp.org/Docs/policy5.html>



## Background materials

Everyone should be aware of these background materials. They may be consulted by those especially interested during the course, and are suggested materials for further studies. Background materials will not be printed in the course compendia but students will be given assistance in obtaining relevant materials; guidance will be given during sessions.

### *Academic articles/books*

**Eide, A.** (1996) Human rights requirements to social and economic development. *Food Policy* 21(1), pp 23-39

**Eide W.B., Alfredsson, G. and Oshaug, A.** (1996) Human resource building for the promotion of nutrition rights. A cross-disciplinary challenge. *Food Policy* 21(1), pp139-152 (B)

**Heywood A** (1997) *Politics* Macmillan Press LTD, London: Selected readings:  
Chapter 4: Democracy (pp 65-82);  
Chapter 14: Constitutions, the Law and Judiciaries (273-291);  
Chapter 15: Assemblies (293-313);  
Chapter 16: Political Executives (315-336);  
Chapter 17: Bureaucracies (339-358). (B)

**Jonsson, U.** Chapter 4: Malnutrition in South Asia. Available online at:  
<http://www.unsystem.org/scn/archives/npp16/ch05.htm>  
In: *Nutrition and Poverty. Papers from the ACC/SCN 24th Session Symposium Kathmandu, March 1997.* ACC/SCN Symposium Report. Nutrition Policy Paper #16, November 1997. Available online at:  
<http://www.unsystem.org/scn/archives/npp16/>.

**Jonsson, U.** (1996) Nutrition and the United Nations Convention on the Rights of the Child. Innocenti Occasional Papers No 5. UNICEF, Florence and New York.  
[Not available online, but can be ordered free of charge (postage must be paid) at  
<http://www.unicef-icdc.org/publications/>; copies will be provided for course participants]

**Oshaug, A. and Eide W.B.** (2003) The long process of giving content to an economic, social and cultural right: twenty-five years with the case of the right to adequate food. In *Human rights and criminal justice for the downtrodden. Essays in honour of Asbjørn Eide.* Morten Bergsmo (ed.). Martinus Nijhoff Publishers, Leiden/Boston, 2003. Ch. XIII, pp. 325-370.

**Robinson, M.** (2002) The Right to Food - Achievements and Challenges. Report by the UN High Commissioner for Human Rights. World Food Summit: five years later, Rome 10-13 June. (C) [USEFUL OVERVIEW UP TO 2002.] Available online at:  
<http://www.fao.org/Legal/rtf/wfs.htm>

### *UN Materials*

**United Nations Food and Agricultural Organisation (FAO)** (2004) Voluntary Guidelines to Support the Progressive Realization of the Right to Adequate Food in the Context of National Food Security. Available at:  
[http://www.fao.org/righttofood/en/highlight\\_51596en.html](http://www.fao.org/righttofood/en/highlight_51596en.html)

**United Nations Food and Agricultural Organisation (FAO). The Right to Food Unit.** Available online at:  
<http://www.fao.org/righttofood/>

**United Nations Standing Committee on Nutrition** (2004). 5<sup>th</sup> Report on the World Nutrition Situation: Nutrition for Improved Development Outcomes. Chapter 3: Governance and Human Rights, pp. 25-31. Available online at:  
<http://www.unsystem.org/scn/Publications/AnnualMeeting/SCN31/SCN5Report.pdf>

**United Nations** (2000). Millennium Declaration.  
<http://www.un.org/millennium/declaration/ares552e.htm>

**United Nations** (2000). Millennium Development Goals.  
<http://www.un.org/millenniumgoals/>

**United Nations** (2000) HUMAN RIGHTS: A Basic Handbook for UN Staff, United Nations, Geneva. Available online at  
[http://www.unssc.org/web1/ls/downloads/HR\\_handbook.pdf](http://www.unssc.org/web1/ls/downloads/HR_handbook.pdf)

**United Nations** (2005). In larger freedom: towards development, security and human rights for all. Report of the Secretary-General. Available online at  
<http://www.un.org/largerfreedom/>

**United Nations** (2003) The UN High Commissioner for Human Rights' page on the Right to Food  
<http://www.unhchr.ch/html/menu2/i2ecortf.htm>

**United Nations** (2001) The Global Compact – selected texts on human rights and business.  
<http://www.unglobalcompact.org/>

**United Nations.** Public materials from the Special Representative of the UN Secretary-General on business & human rights (. John Ruggie)  
<http://www.business-humanrights.org/Home>

**United Nations Food and Agricultural Organisation (FAO).** World Food Summit materials.  
<http://www.fao.org/worldfoodsummit/>

### *NGO Materials*

**Business and Human Rights Resource Centre.** The Business & Human Rights Resource Centre is an independent, international, non-profit organisation, in a collaborative partnership with Amnesty International sections and academic institutions. Their online library covers over 2400 companies, over 160 countries, over 150 topics.  
<http://www.business-humanrights.org/>

### *Country-specific material*

To be specified during the course.

**The course literature is subject to possible update and revision.**