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$$f(x, y, z) = x^2 + x + y^2 + z^2$$

$$(a) \quad \mathcal{L} = x^2 + x + y^2 + z^2 - \lambda(x^2 + 2y^2 + 2z^2 - 16)$$

$$(1) \quad \mathcal{L}'_x = 2x + 1 - 2\lambda x = 0$$

$$(2) \quad \mathcal{L}'_y = 2y - 4\lambda y = 0$$

$$(3) \quad \mathcal{L}'_z = 2z - 4\lambda z = 0$$

$$(2): \quad 2y(1 - 2\lambda) = 0$$

$$(3): \quad 2z(1 - 2\lambda) = 0$$

$$\Rightarrow \lambda = \frac{1}{2} \quad \text{or} \quad y = z = 0.$$

Case A. $\lambda = \frac{1}{2}$

$$\text{From (1): } 2x + 1 - x = 0. \quad \Leftrightarrow x = -1$$

$$\text{Constraint: } 1^2 + 2y^2 + 2z^2 = 16.$$

$$\Leftrightarrow y^2 + z^2 = \frac{15}{2}.$$

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(a) Candidate point:

$$(x, y, z) = (-1, y, z) \quad \text{with} \quad y^2 + z^2 = \frac{15}{2}.$$

Case B: $y = z = 0$

Constraint: $x^2 = 16$

$$x_1 = 4$$

$$x_2 = -4.$$

Candidate points $(x, y, z) = (4, 0, 0) \quad \lambda = \frac{9}{8} > 0$

$(x, y, z) = (-4, 0, 0). \quad \lambda = \frac{7}{8} > 0.$

Evaluate to find max/min.

$$f(-1, x, y) \quad \text{with} \quad y^2 + z^2 = \frac{15}{2} \quad = 1 - 1 + \frac{15}{2} = \frac{15}{2}$$

$$f(4, 0, 0) = 20$$

max

min

$$f(-4, 0, 0) = 12$$

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(15)

(b) Either solve by Kuhn-Tucker.

Or note that extreme points must be on the surface $x^2 + 2y^2 + 2z^2 = 16$, or inside the ball $x^2 + 2y^2 + 2z^2 < 16$.

In the latter case, it must be a stationary interior point.

Stationary point:

$$\left. \begin{array}{l} f'_x = 2x + 1 = 0 \\ f'_y = 2y = 0 \\ f'_z = 2z = 0 \end{array} \right\} (x, y, z) = \left(-\frac{1}{2}, 0, 0\right).$$

$$f\left(-\frac{1}{2}, 0, 0\right) = -\frac{1}{4}$$

Minimum.

Maximum is thus - $(x, y, z) = (4, 0, 0)$.