

The term paper is
suggested delivery format

I suggest that you

* write by hand, like this note
(do not spend time typesetting)

* scan — if you do not have
a scanner at hand, then
you could try your
cellphone camera.

(This note is photographed
with an old Samsung.)

* convert to pdf, to get into a
single document. Not unlikely,
your computer can print to PDF.

Then you submit to Frontier.