

Main exam PSY1100 / PSYC1201 Spring 2021

Below are four questions. Please choose three of them to answer. Regarding the referencing of material that you use, see below.

Question 1

Hvordan kan man måle en persons holdning til å spise kjøtt? Hvilke fordeler og ulemper har de forskjellige alternativene? Er det mulig å forutsi personens faktiske atferd til å spise kjøtt basert på holdningen du målte?

How could you measure a person's attitude towards eating meat? What are advantages and disadvantages of different options? Is it possible to predict a person's actual meat-eating behavior from knowing the attitude that you measured?

Question 2

Hva er ledelse, og hvilke funksjoner har den? Hva er det som avgjør om ledelse er effektivt? Forklar hvordan studiet av ledelse passer til definisjonen av sosialpsykologi.

What is leadership, and what functions does it serve? What determines whether leadership is effective? Please explain how the study of leadership fits the definition of social psychology.

Question 3

Hva er selvtillit (også kjent som selvfølelse)? Hvordan kan det måles? Beskriv en faktor som kan redusere selvtilliten, og en faktor som kan øke den.

What is self-esteem (also known as self-worth)? How can it be measured? Describe one factor that can decrease self-esteem, and one factor that can increase it.

Question 4

Definer fordommer, og beskriv det gjennom et eksempel. Beskriv én måte å redusere fordommer mellom to grupper på. Hvilke evidenser finnes det for hvor effektiv denne måten er?

Define prejudice, and illustrate it with one example. Describe one way to reduce prejudice between two groups. Summarize the evidence on how effective it is.

Instructions on references:

You do NOT need to use APA style references of sources in your answers, but you should point to sources other than the textbook in a simplified version.

In general, you do not need to reference the pensum if you report general knowledge from it. You also do not need to add a reference section at the end of your answer if you just point to the textbook.

If you point to a specific theory, know the author(s), and want to name them, you can simply write the author's name without referencing a specific work. For instance, you would write: "One theory that aims to explain intergroup behavior is Social Identity theory by Tajfel."

Similarly, if you want to point to a specific important study and know the author, you can simply write the author's name, without the year of the publication: "In Milgram's studies on obedience..."

If you want to point to a specific study that you found in the textbook or other pensum, you can refer to it without adding an APA reference, but pointing to the textbook, e.g.:

"one experimental study by Klimesmith and colleagues showed that handling a gun for 15 minutes increased men's testosterone levels, compared to handling a toy (textbook, p. 367)."

In this case, you could also write (Hewstone & Stroebe, 2021, p. 367)

In every case, the goal is to make this somehow verifiable for the person who is grading your answer.

If you want to refer to literature that you did not find in the pensum, we need to make sure that the grader could also find the study you are talking about. So in that case, you would have to do add a more proper reference, by adding the year and the source in the text or at the end of the answer. The source needs to include at least the first author, the title, and the journal or book title.

"one experimental study by Klimesmith and colleagues (2006) showed that handling a gun for 15 minutes increased men's testosterone levels, compared to handling a toy."

AND

Klinesmith et al., (2006). Guns, testosterone, and aggression: an experimental test of a mediational hypothesis. *Psychological Science*.