Type of exam:

Individual home exam (open book) over 3 days. The exam task will be made available on the 10th of May 2022 at 10:00 am. Deadline to hand in the exam is the 13th of May 2022 at 10:00 am.

Expectations of a good answer:

A good answer must include the following elements:

- Not answering one of the items (see item list above) in the task can be a reason to lower the grade or, in the worst case, even to fail the candidate.
- Define the target audience for the intervention. It can be as broad as in the task description (i.e., newly arrived immigrants) or it may be more narrowly defined – e.g., choosing to focus on refugees, family migrants, economic migrants, etc.
- The target group and the intervention(s)/measure(s) used must appear as a plausible match – i.e., that the intervention can help the group. Give a brief description of the public health problem that the measure(s)/intervention(s) will help solve. Here it will be relevant to include publicly available statistics/research describing the prevalence of health issues and social isolation among newly arrived immigrants. Relating the information to the local context (e.g., municipality) is a plus.
- It is also positive if the candidate explains health consequences of social isolation.
- A concrete description of the measure(s)/intervention(s) with a certain level of detail needs to be provided. It must be stated where the candidate took the measures from or was inspired from (i.e., consistent use of references).
- It is very positive if the candidate shows an understanding that local adaptations can be useful/necessary – especially if it can be justified by the local professional context or on the basis of empirical findings.
- If the candidate has designed a good and original intervention on their own, this is of course positive, but not a requirement to get a top grade.
- Indicate specific theories, models or therapeutic approaches/techniques on which the described intervention is based (e.g., Chapter 15 of The New Psychology of Health: Unlocking the Social Cure by Haslam and colleagues, 2018).
- The more detailed the description of the link between theory and the proposed measures, the better.
- The candidate should indicate evidence to support that the intervention will have a beneficial health effect. Since in-depth knowledge beyond the curriculum is not expected, a reference to the Taylor and/or Haslam books will be considered enough to show that this type of intervention has been shown to have an effect, or that the theory/model has successfully been used in other health psychological interventions – this is the minimum expectation.
- It will be a big plus (but not a requirement) if the candidate has gone beyond the curriculum to find research that supports the intervention.
- The candidate should describe at least one – preferably several – challenges of implementing the intervention. It should be justified or described why the candidate thinks a specific aspect will be challenging. The challenges must be plausible. It will count positively if the candidate also discusses possible solutions to the challenges. It

will also be very positive if the candidate can draw in theoretical or empirical conditions, either as justification for why something can become a challenge or for why something can represent a solution.

- References should be given in text. References should follow the APA format, both in the text and in the reference list at the end. In addition, there are no strict requirements for formatting (e.g., consistent use of the APA standard). No table of contents or abstract is required. The text should have an orderly and logical structure with a clear introduction (explaining the scope of the assignment, background/problem description and target group), main part (the intervention/measures with discussion) and a short conclusion/summary.