

Going Abroad
Why, Where & How
&
Exchange with Moscow

Francisco Pons

Why **Going Abroad?**

You will follow the steps of Leiv!



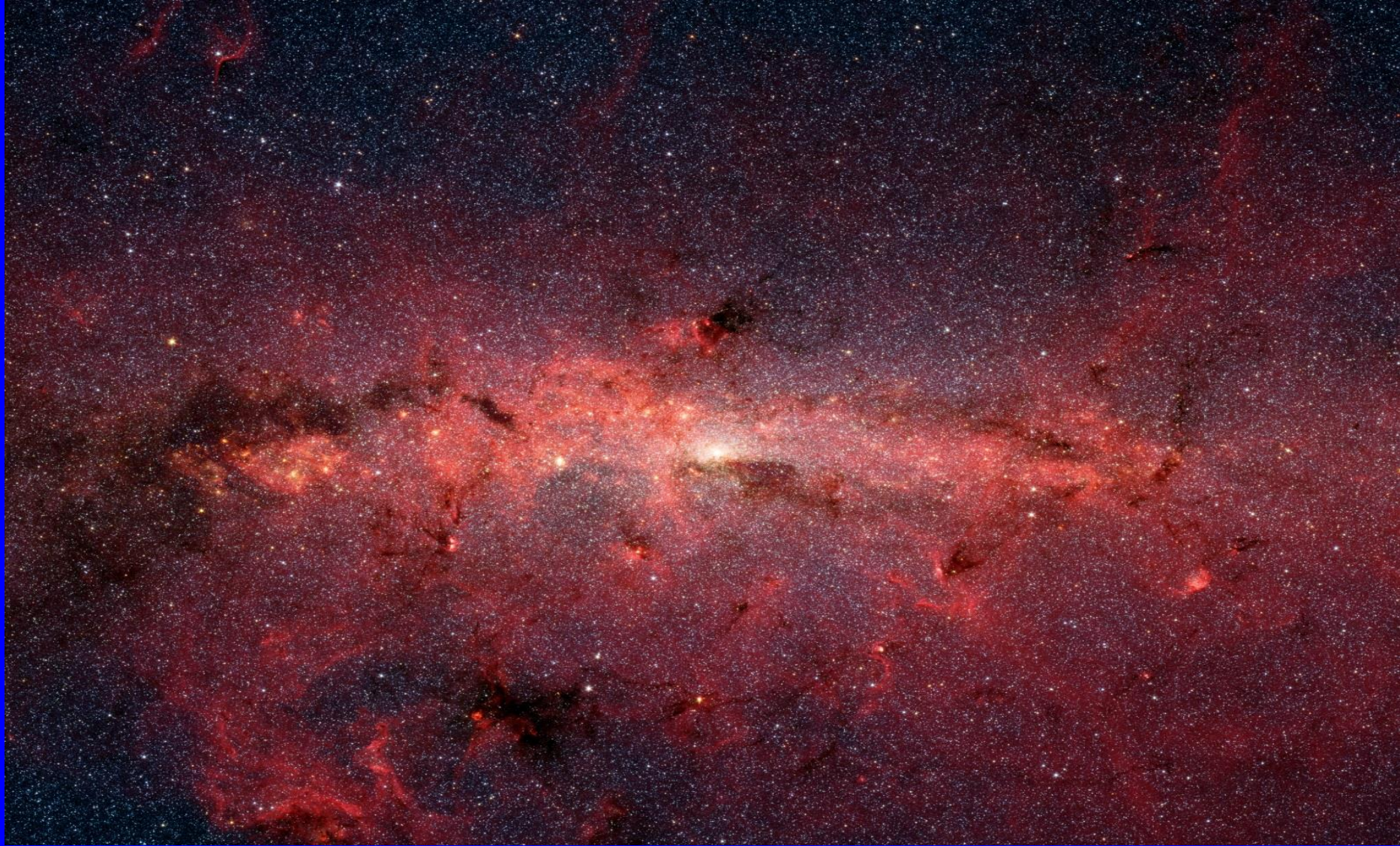
Leiv Eiriksson [Re-]Discovers America by Christian Krohg (1893)

You will be saluted like Apollo 11!



Moon (July 20, 1969)

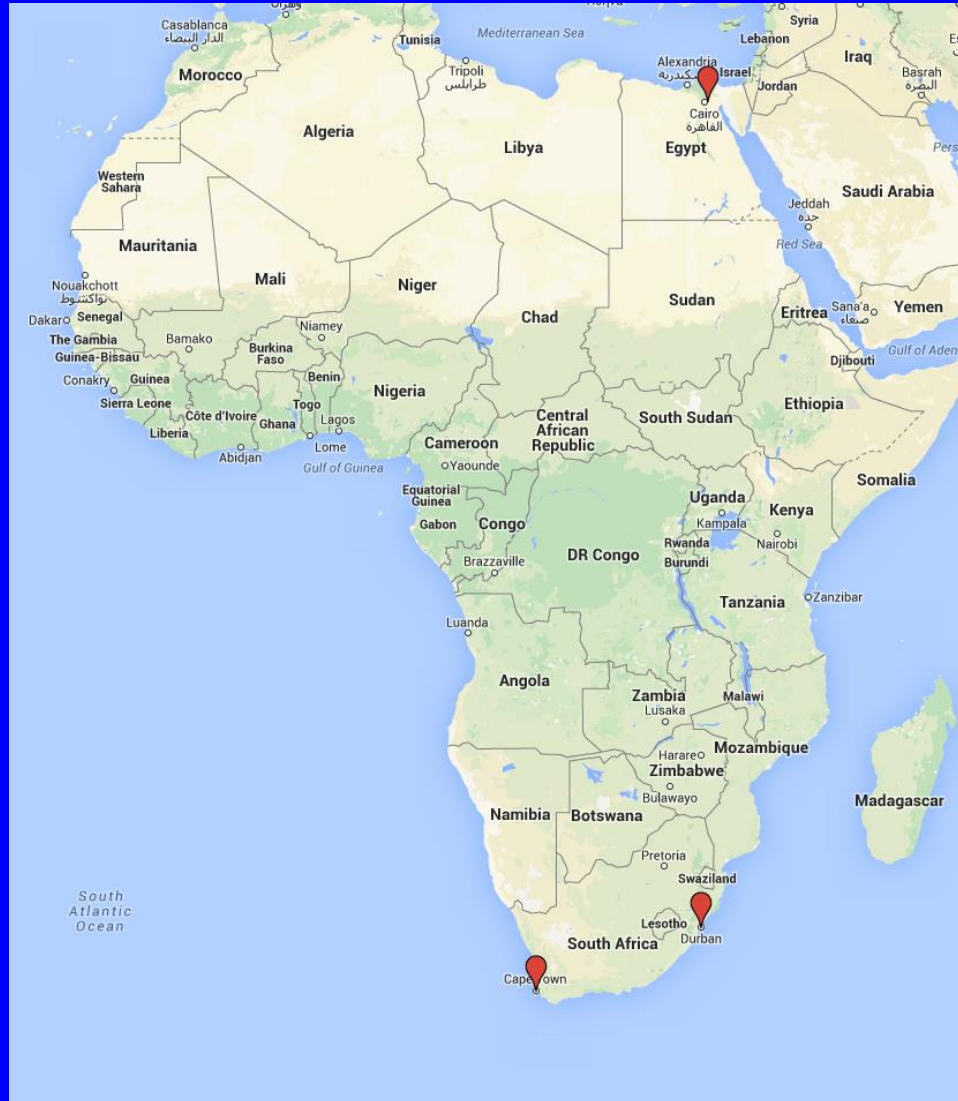
**You will bring back new perspectives on
the World, Norway & PSI (you?)**



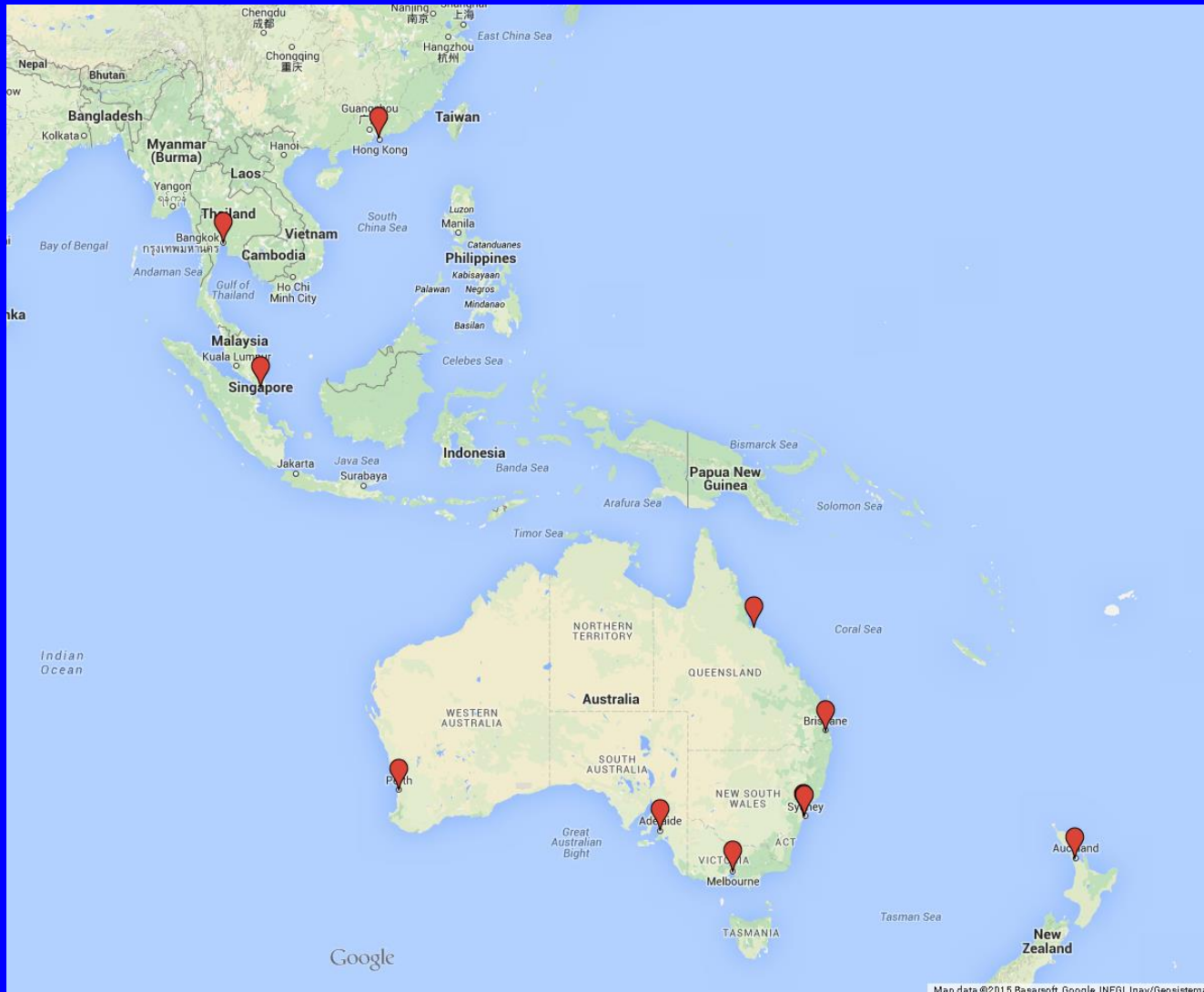
Where
Going Abroad?
(Retrospect)

Since 2005
> 1000 colleagues
> 80 Xenos Universities

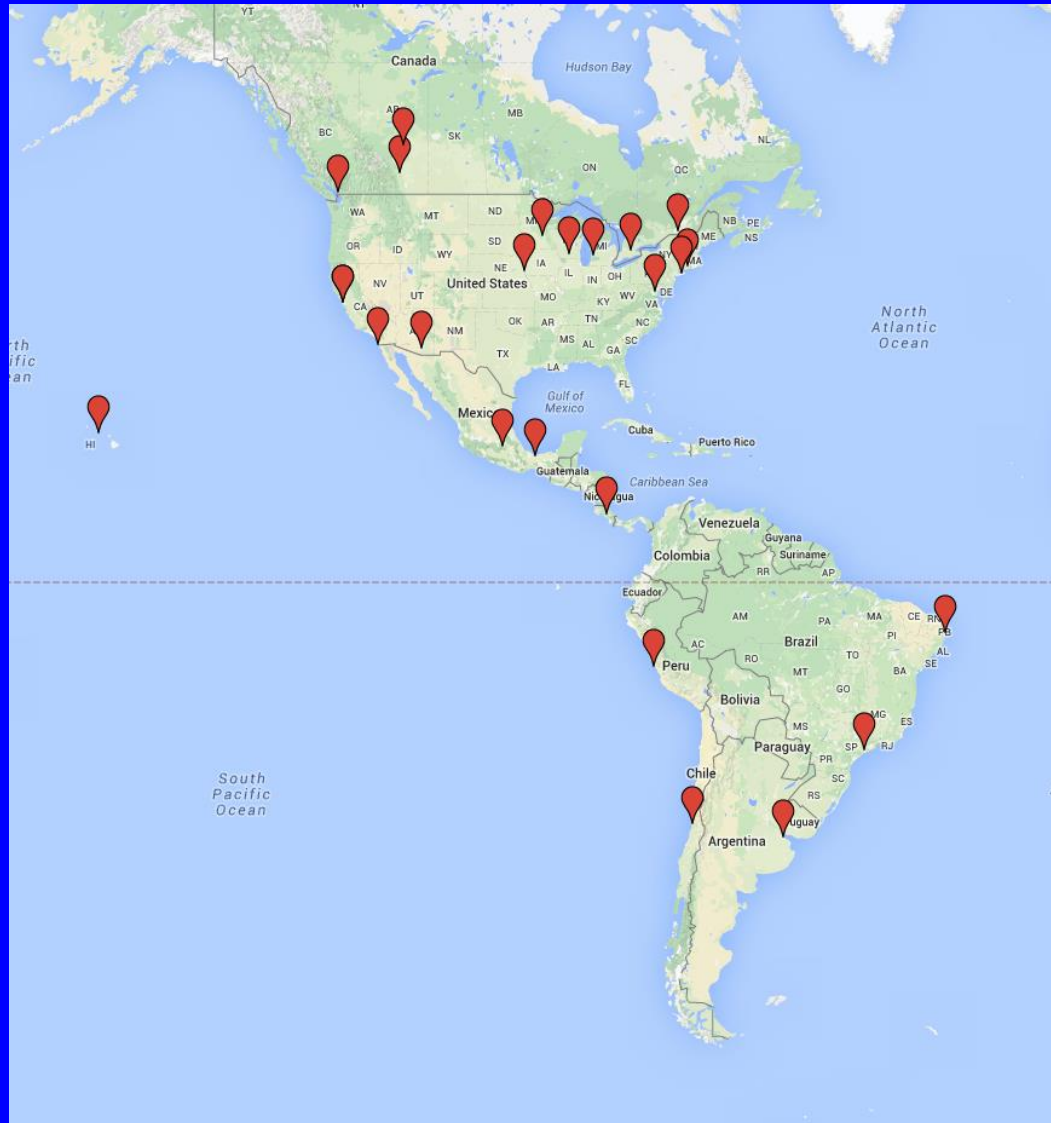
Africa (< 5)



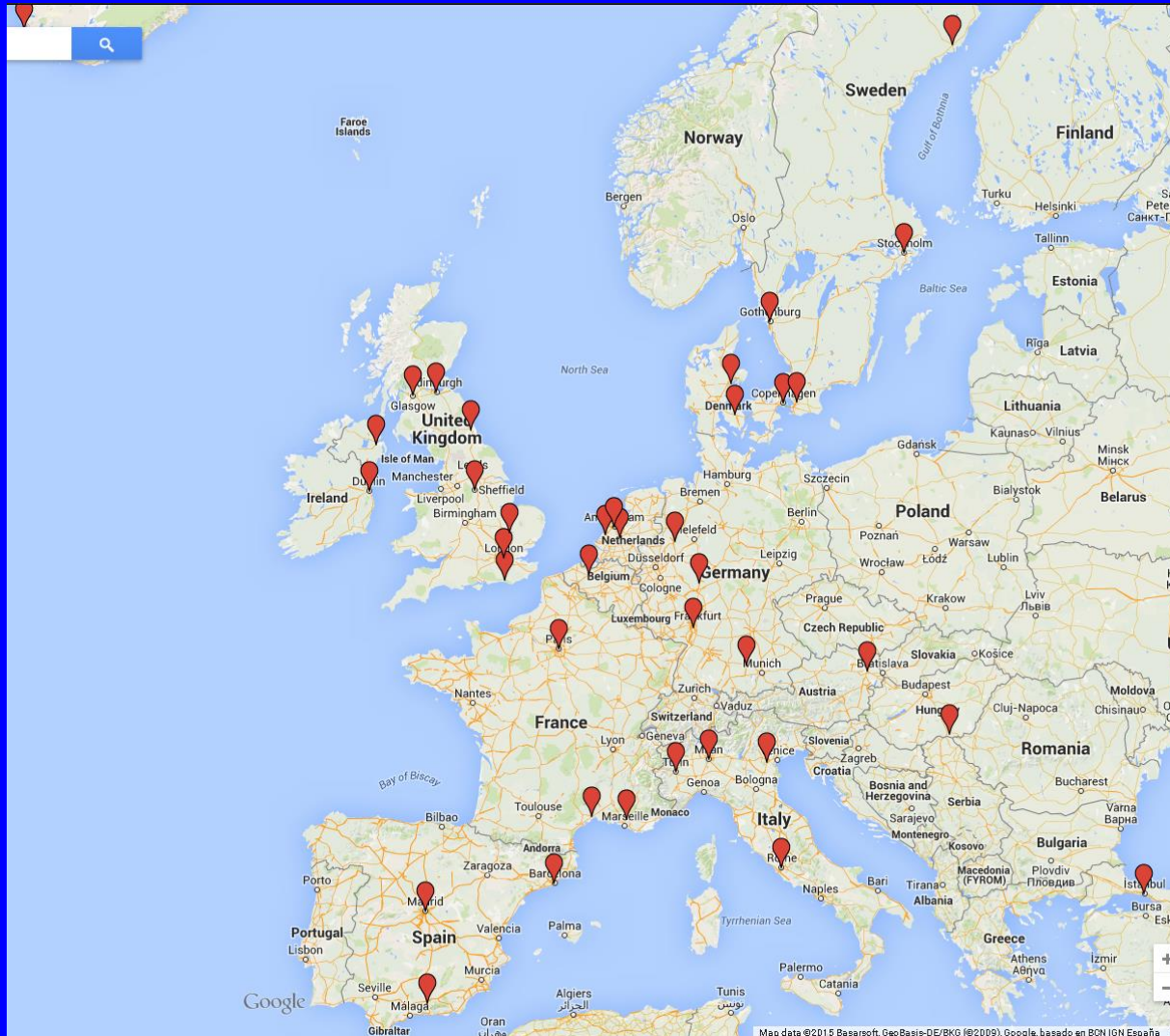
Asia & Oceania (> 10)



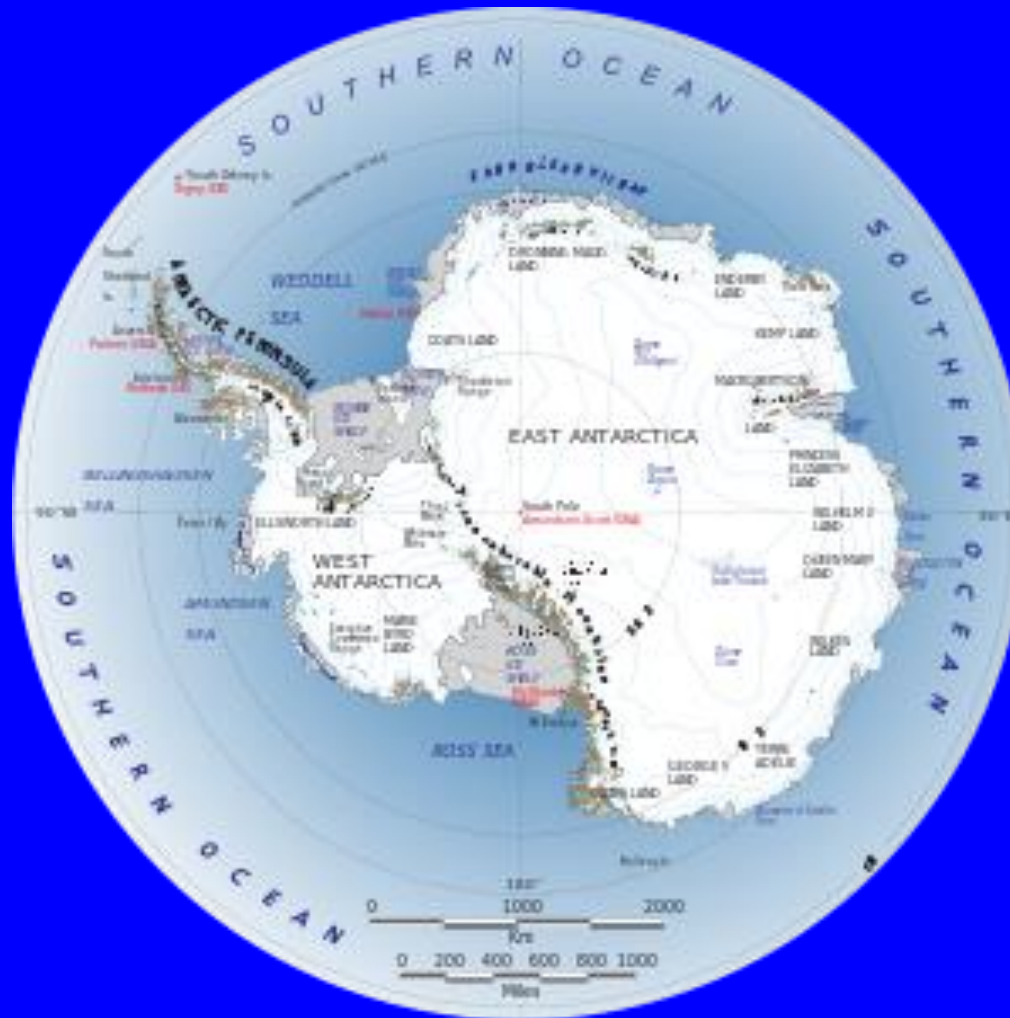
America (> 25)



Europa (> 40)



Antarctica (not yet)



How
Going Abroad?
(Requirements)

Information needed

- Learning agreement is only **necessary** for the Foreign courses that you would like to have recognized as equivalent to PSI courses (i.e. not for free courses)
- The **Total Workload** of a semester in terms of credits for a full time student (e.g. Foreign University = 60 credits \rightarrow /2 to get the equivalent in ECTS, i.e. UIO = 30 credits)
- For each course abroad:
 1. **Code & Title**
 2. **Content (& Pensum)**
 3. **Examination** form
 4. **Workload** in terms of credits

Information needed



- This information should be **as recent as possible**
- You are **responsible** to find this information!
- You may look at UiO & Foreign University's websites and write/call them (teachers & administrative person in charge) to get this information.
- This information don't need to be **translated** if in Scandinavian languages, English, French, Spanish, Portuguese, Italian & Catalan.

Information needed

- Be sure that all the courses that you would like to take abroad:
 - are **taking place** during the semester you want to go abroad
 - that you have the **prerequisites** to attend these courses
- You **cannot take “clinical” courses** abroad (e.g. PSYC 3400)
- Equivalence PSI x Abroad should be both **qualitative** (content) & **quantitative** (workload)!
- **Perfect match** doesn't exist (What would be the point of going abroad!?)
- You can go **wherever** you want (**within** (recommended) or outside any agreement) !

Information needed

- Each application is **specific!**
- **No automatic approval** based on previous application
- Previous application **cannot be used as template:**
 - **Semester dependent** (i.e. Spring versus Fall)
 - **Quickly out-of-date** because of changes at PSI or Abroad: new content, new prerequisites, not running anymore, etc.
 - **Specific to each student** (e.g. their background, course combination, “emergency” approval when students are already abroad)

Information needed

- Meeting *in persona* before finalizing the learning agreement (the sooner the better)!
- Come to the meeting with a **printed copy** of all the documents you got.
- + One page **SUMMARY** of PSI courses & their potential alter ego abroad (Template).

EXCHANGE SUMMARY

Date:

Name & Current semester of the student(s):

Semester abroad:

Name of the University abroad & Country:

Full time study abroad in terms of credits (e.g. in Oslo = 30 ECTS):

University of Oslo (Code, Title & Workload of the course)	University abroad (Code, Title & Workload of the course)	Evaluation (WL, C & P, E)
<p><i>Code: PSYC 4321</i> <i>Title: The Psychology of Parmigiano Reggiano</i> <i>Workload: 10 ECTS</i></p>	<p><i>Code : PSY AK47</i> <i>Title: Grana Padano Studies</i> <i>Workload: 5 credits</i></p> <p><i>Code: PSY 1234</i> <i>Title: Psychosocial approach of Gran Moravia and Reggiano</i> <i>Workload: 5 credits</i></p>	

Information needed

- When a Learning Agreement has been reached then:
 1. You send me a **formal application** (I will give you a template)
 2. I send you back an **approval** with cc to the administrative officer in charge.
 3. You a look at the following link to know about the **next steps**:
www.uio.no/studier/program/psykologi-profesjon/utlandet/

Dear Francisco Pons

I hereby apply for permission to attend the UNIVERSITY ABROAD (COUNTRY) as an exchange student in the SEMESTER YEAR.

Full time study for one semester is equivalent to XXX Credits at the UNIVERSITY ABROAD

I plan to attend the following courses at the UNIVERSITY ABROAD to replace the following courses at the University of Oslo (Department of Psychology):

CODE & NAME (ECTS) OF THE COURSE(S) at the University of Oslo is replaced by CODE & NAME (CREDITS) OF THE COURSE(S) at the UNIVERSITY ABROAD

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CODE & NAME (ECTS) OF THE COURSE(S) at the University of Oslo is replaced by CODE & NAME (CREDITS) OF THE COURSE(S) at the UNIVERSITY ABROAD

Etc.

At the UNIVERSITY ABROAD, I shall follow all the lectures and seminars and complete all the exams and requirements as a regular student.

Oslo, DATE

STUDENT'S NAME & CURRENT SEMESTER

Here follows/attached the descriptions of the courses at the UNIVERSITY ABROAD.

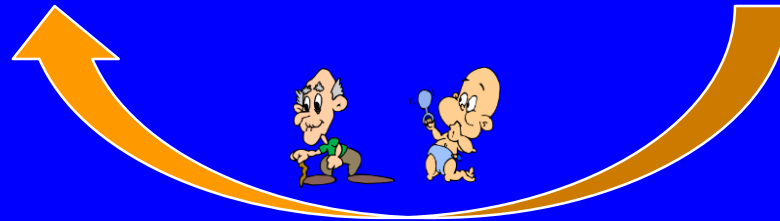
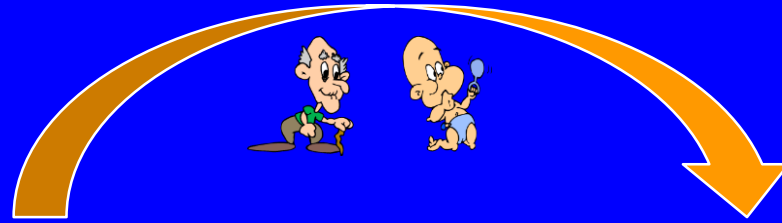
Information needed

- Normally, I evaluate **2 foreign universities** (Plan A & Plan B)
- I answer only to questions related to the courses you would like to take abroad!
- **All the other questions have to be addressed to the administrative officer(s) in charge!** (i.e. better ask God than one of his/her Saint)

**“Psychology as a bridge
between Norway & Russia”
CPRU-2017/10056**

Norwegian Centre for International
Cooperation in Education (DIKU) –
UTFORSK Program

Main Activities



Main Activities



Exchange of 16-32 undergraduate & graduate students (bachelor, profesjon, master)

- Fall 2019 to Fall 2020
- Up to 5 months
- Up to 30 ECTS
- Courses in Psychology
- Research internships
- Courses in Norwegian & Russian Language & Culture
- “Business as usual” = Same procedure as now to send students abroad & to receive visiting students
- Scholarship (in addition)

Website

Spasiba!

? or !